

symmetries

Goldstone bosons

hadrons

S-matrix

unphysical quark masses

quarks & gluons

finite-volume

THREE-HADRON SYSTEMS TRIDGE

Effective Field Theories

Lattice QCD

Phenomenology

experiment

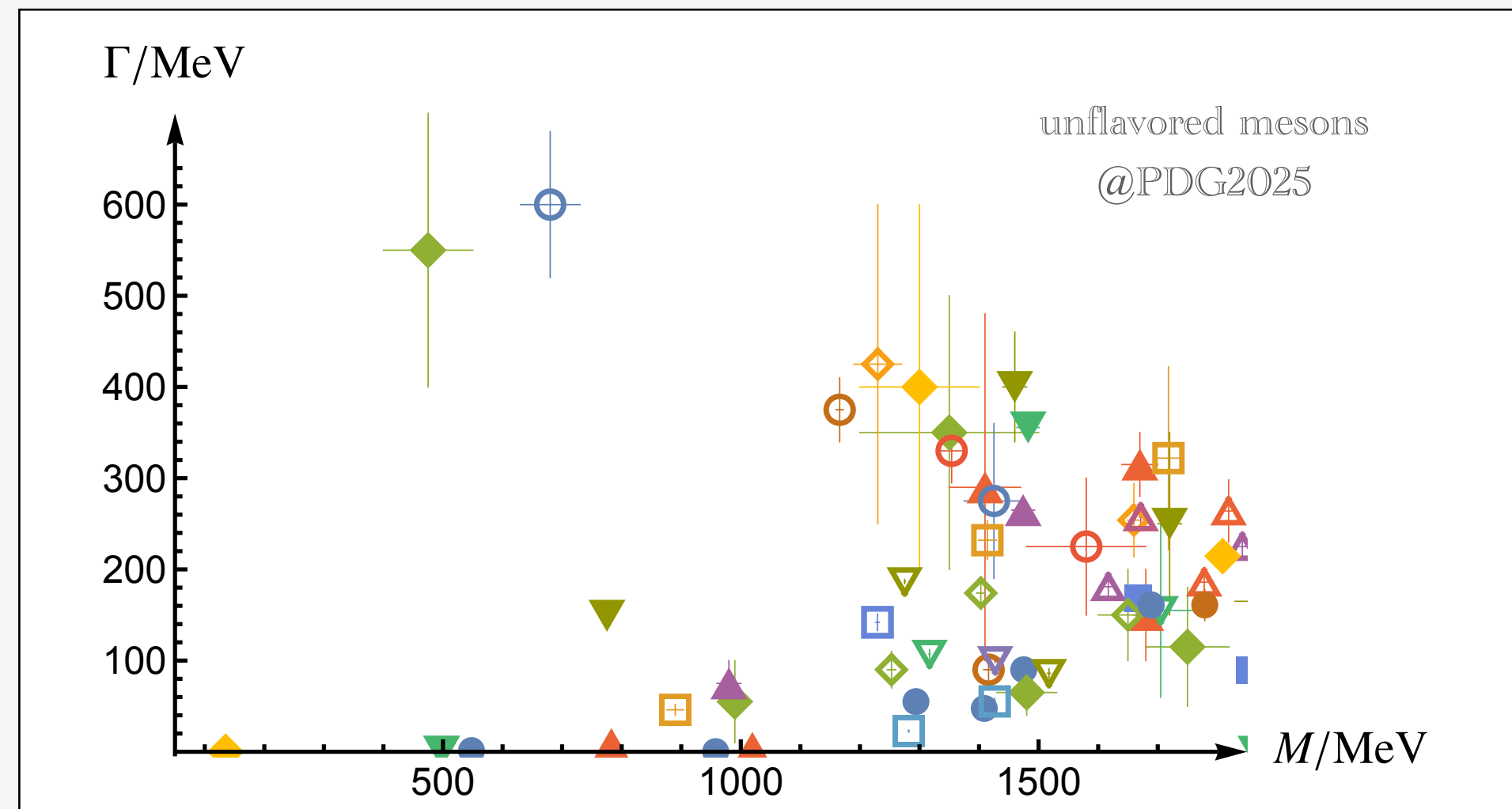
MAXIM MAI

UNIVERSITY OF BERN

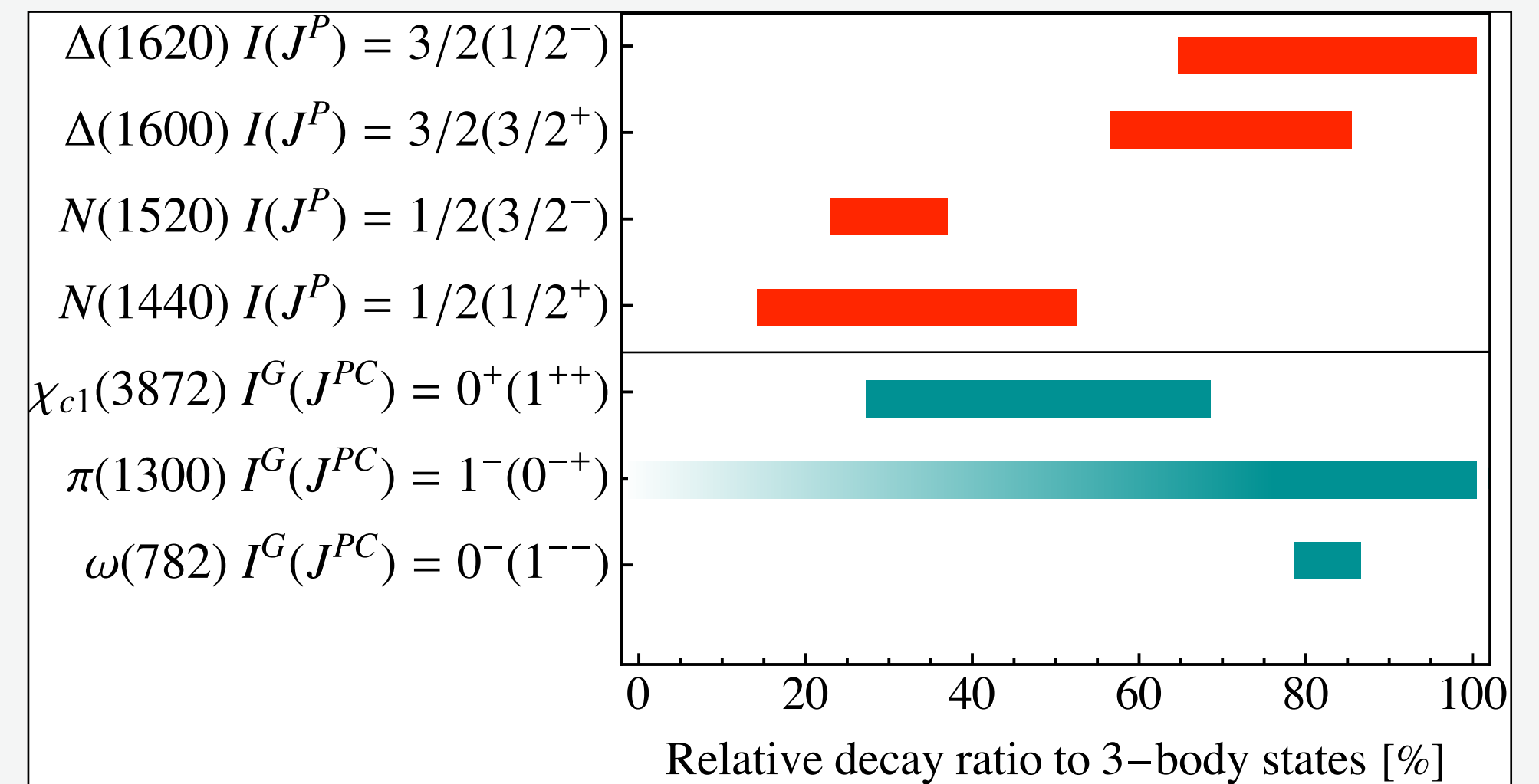
THE GEORGE WASHINGTON UNIVERSITY

**BOUNDARY
OF UNDERSTANDING**

HADRON SPECTRUM



- 70y research: $\Delta(1232)$, $\rho(770)$, $\omega(782)$, ...
- Ongoing progress, new techniques and experiments
- Many overlapping and mostly excited states
 ≈ 100 mesons + 50 baryons (***)

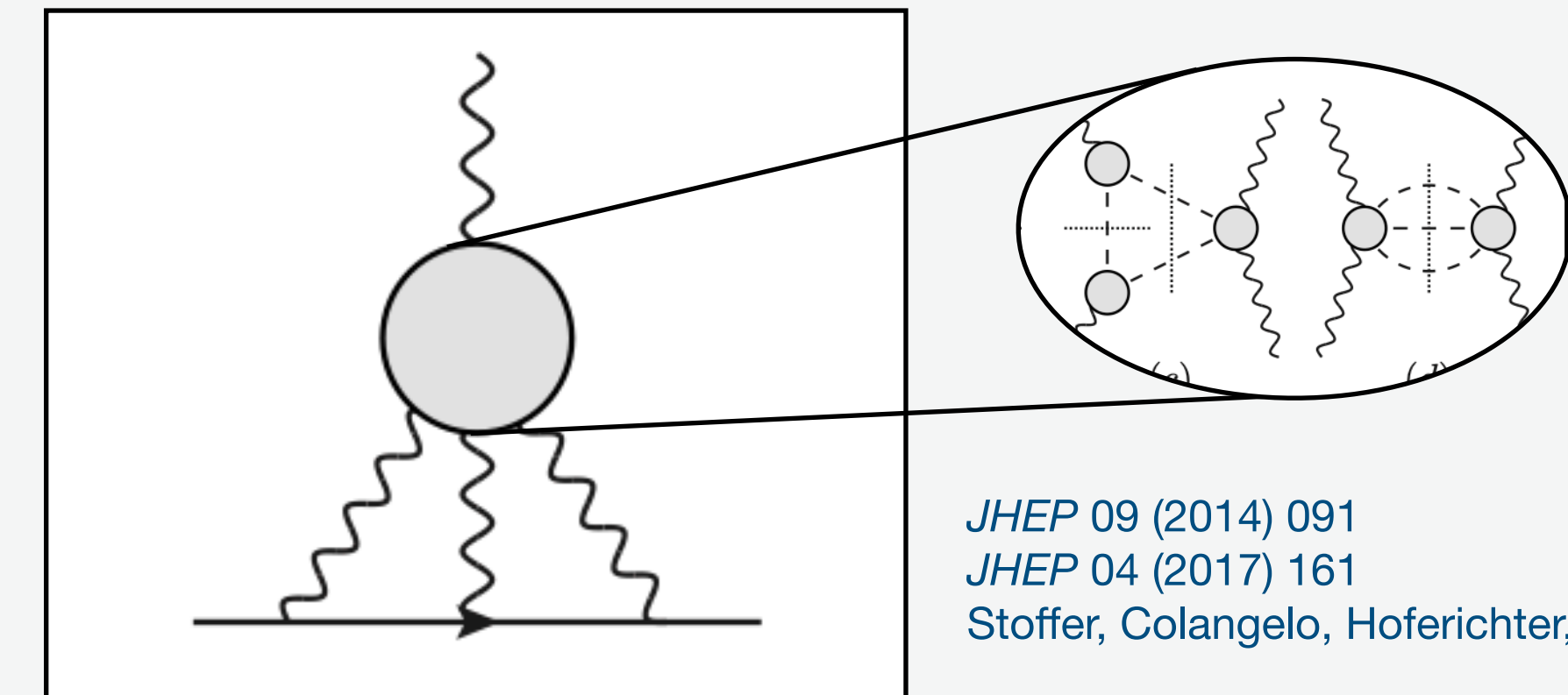


- QCD governs the emergence of hadron spectrum
- Non-perturbative regime
- Many states have dominant/large three-body content

3-HADRON INTERACTIONS (IMPACT)

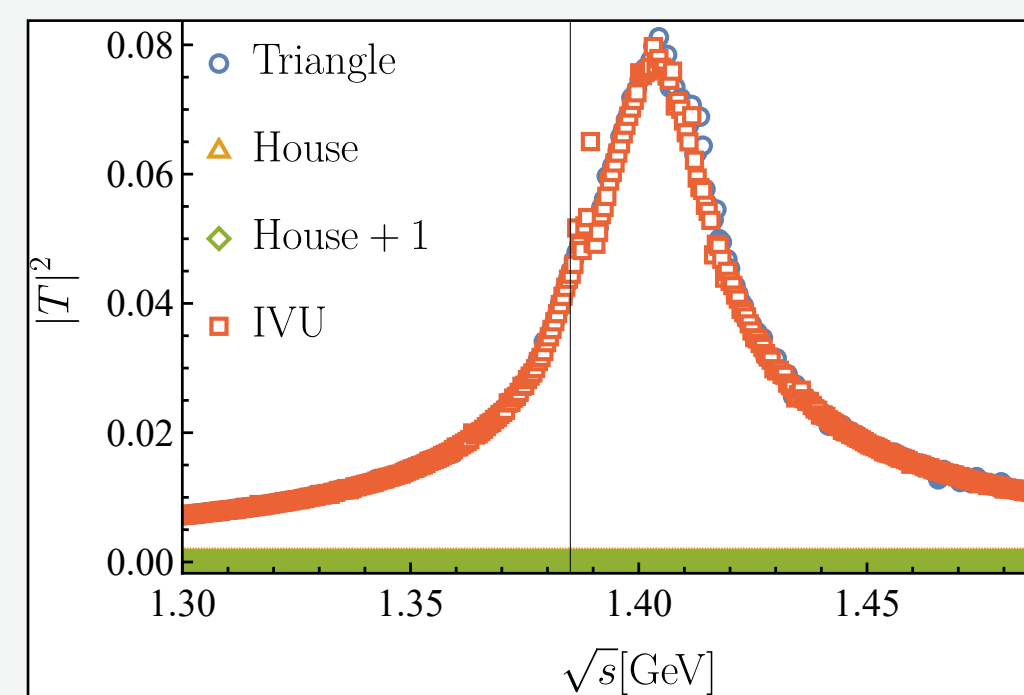
Consistency frontier

- Why is excited pion so heavy? $\pi(1300)$ (later)
- Why is excited nucleon so light? $N(1440)$



Discovery frontier

- Spin-exotic states
- Left-hand-cuts: $T_{cc}(3875)$, etc.
- Triangle singularities: $a_1(1420)$, etc. (later)



Sakthivasan et al. *JHEP* 10 (2024) 246

GlueX@JLAB, COMPASS@CERN, ...

Precision frontier

- Hadronic light-by-light
- τ -EDM
- ...

Belle@SuperKEKB, ...

THEORY

$$\mathcal{L} = \frac{1}{4g^2} G_{\mu\nu}^a G_{\mu\nu}^a + \sum_j \bar{q}_j (i\gamma^\mu D_\mu + m_j) q_j$$

where $G_{\mu\nu}^a \equiv \partial_\mu A_\nu^a - \partial_\nu A_\mu^a + if_{bc}^a A_\mu^b A_\nu^c$

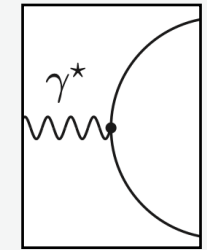
and $D_\mu \equiv \partial_\mu + it^a A_\mu^a$

That's it!

www.frankwilczek.com/Wilczek_Easy_Pieces/298_QCD_Made_Simple.pdf

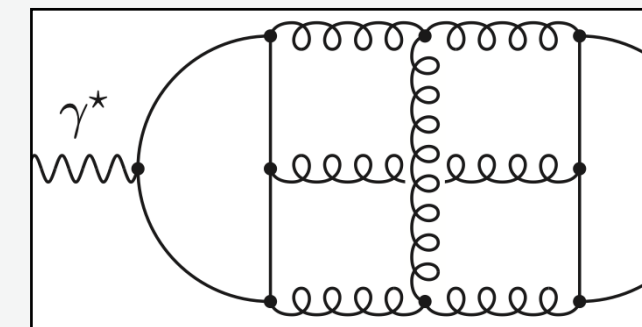
Quantum Chromodynamics (QCD)

- Degrees of freedom: quarks and gluons
- pQCD: well-defined set of rules (Feynman diagrams) to calculate transition rates



LO

...



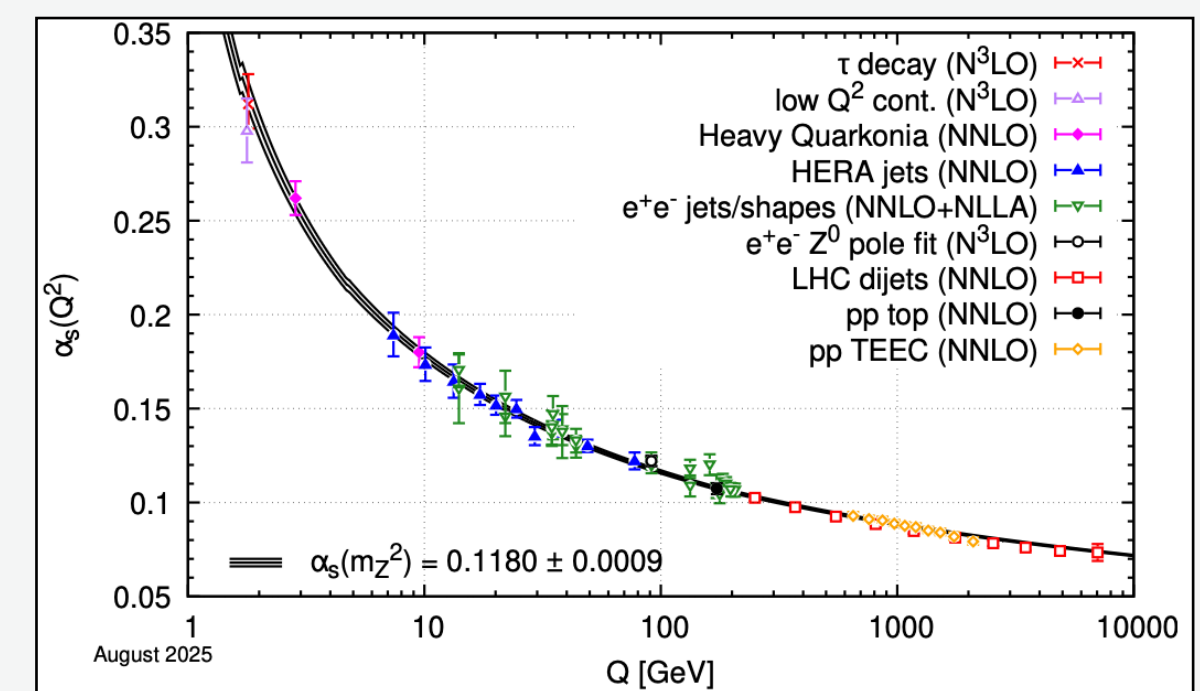
N4LO

JHEP 08 (2017) 113

Hadron spectroscopy

- Virtual effects: α_s depends on the momenta
 - $\alpha_s(Q) > 1$ for small exchanged momenta
 - asymptotic states = stable hadrons p, n, π, \dots

← Spectroscopy pQCD →



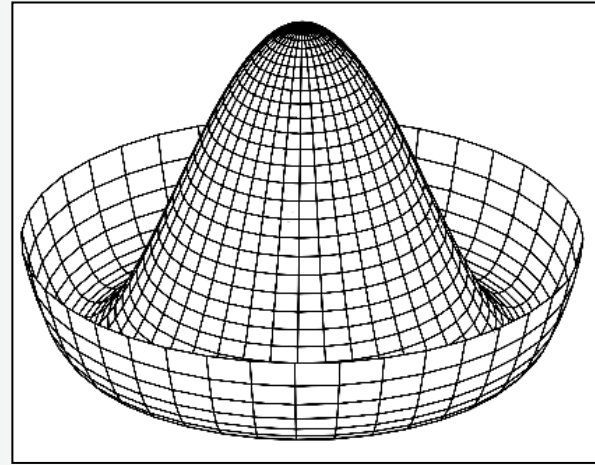
Particle Data Group 2025

NON-PERTURBATIVE APPROACHES

Effective Field Theory (EFT/CHPT)

Weinberg (1979) Gasser, Leutwyler (1981), ...

Reviews: Ann. Rev. Nucl. Part. Sci. 57, 33 (2007), Adv. Nucl. Phys. 27, 277 (2003), ...



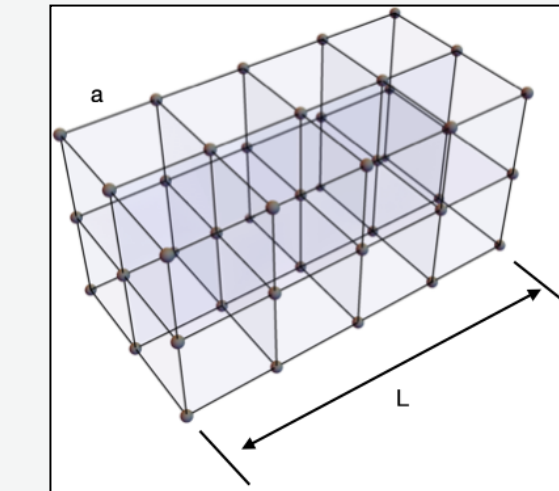
$$Z[J] = \int [DU] e^{\int d^4x \mathcal{L}_{\text{eff}}(U,v,a,s,p)}$$

- [+] **Effective/Hadronic degrees of freedom**
- [-] **Infinitely many, unknown low-energy constants**
- [+] **Well-defined power counting**
- [+] **quark mass dependence**

Lattice Gauge Theory (LQCD)

Wilson, Phys. Rev. D10 (1974) 2445, ...

Reviews: hep-lat/9807028 [hep-lat] Rev.Mod.Phys. 90 (2018) Rept.Prog.Phys. 86 (2023)



$$Z[J] = \int [DU] e^{-S_E} \det[M[U]]$$

- [+] **QCD degrees of freedom**
- [-] **discretized space-time / Euclidean metric / finite-volume**
- [+/-] **unphysical quark masses**
- [+] **non-perturbative access to QCD Green's functions**

→ **S-matrix theory** ←

Crossing symmetry — particle/antiparticle

Unitarity — probability conservation

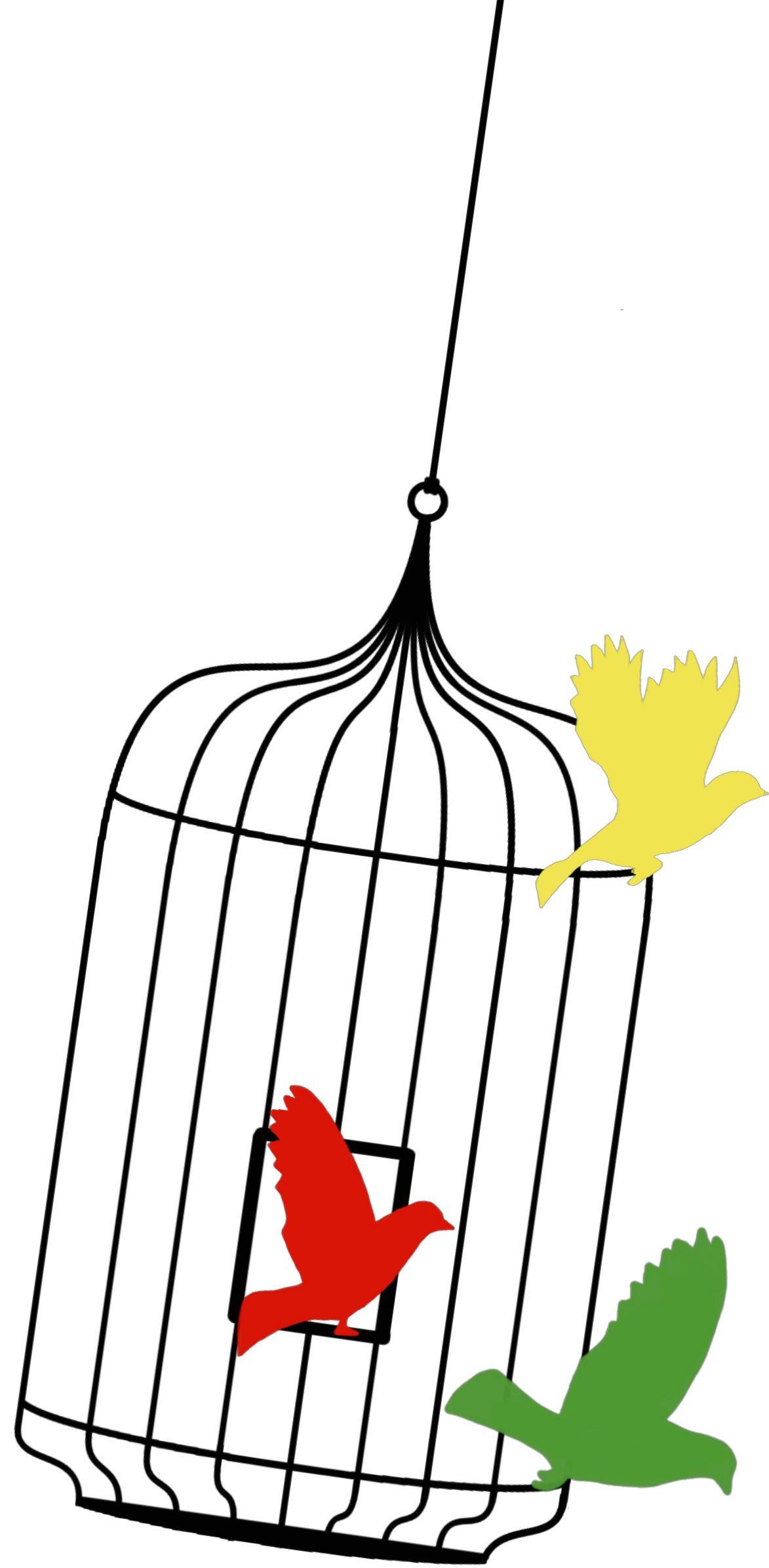
Analyticity — causality

Further approaches: Functional methods, holography, K-matrix, dynamical models, ...

Review: Eichmann/Sanchis-Alepuz/Alkofer/Fischer Prog.Part.Nucl.Phys. 91 (2016) 1-100

Review: MM/Meißner/Urbach Phys.Rept. 1001 (2023) 1-6

Review: Döring/Haidenbauer/Sato/MM PPNP(2025)



“EXPERIMENT”

IN

A BOX

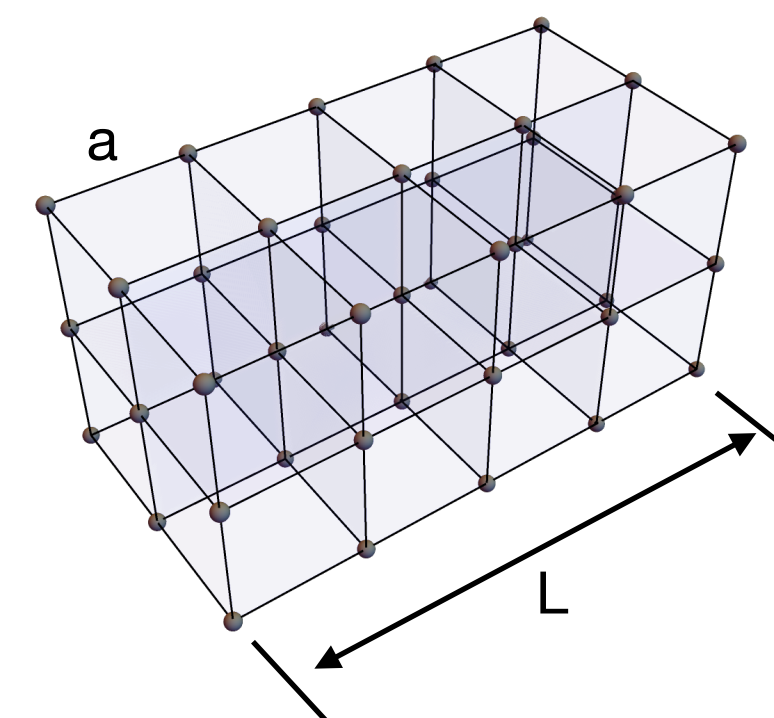
LATTICE QCD (SPECTROSCOPY)

Advantages

- QCD degrees of freedom
- Experimentally inaccessible scenarios:
 - Unconventional quantum numbers
 - Three-body scattering/... (ex. later)
 - Chiral trajectory (ex. later)

Roadblocks

- discretized (Euclidean) space-time — **continuum extr.**
- unphysical quark mass — **extrapolations via EFTs**
- **finite volume** — **quantization conditions needed**



Discretization of space-time

Euclidean space-time

Boundary conditions

Gauge and fermion degrees of freedom

plaquettes

Nielsen–Ninomiya theorem

Fermion doublers

links

Lattice QCD action

Construction of the action

$$Z[J] = \int [DU] e^{-S_E} \det[M[U]]$$

Wick's theorem

measure of integration in the path integral.

Generating functional

Hybrid Monte-Carlo simulation

Operator construction

The transcription of the operators used to probe the physics

Correlation functions

scale setting

Generalized eigenvalue problem

Energy eigenvalues (\mathbb{R})

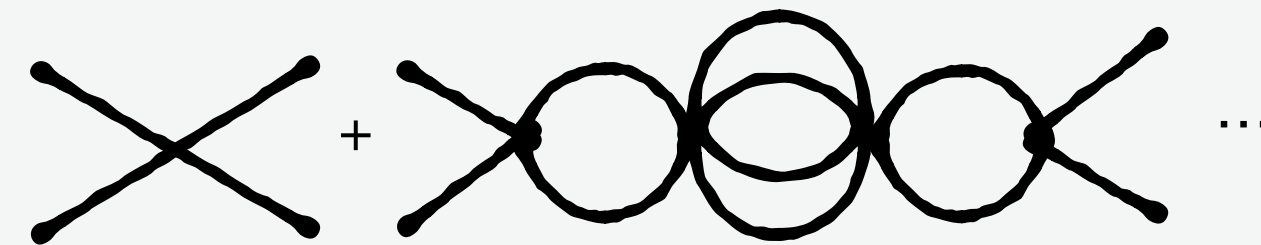
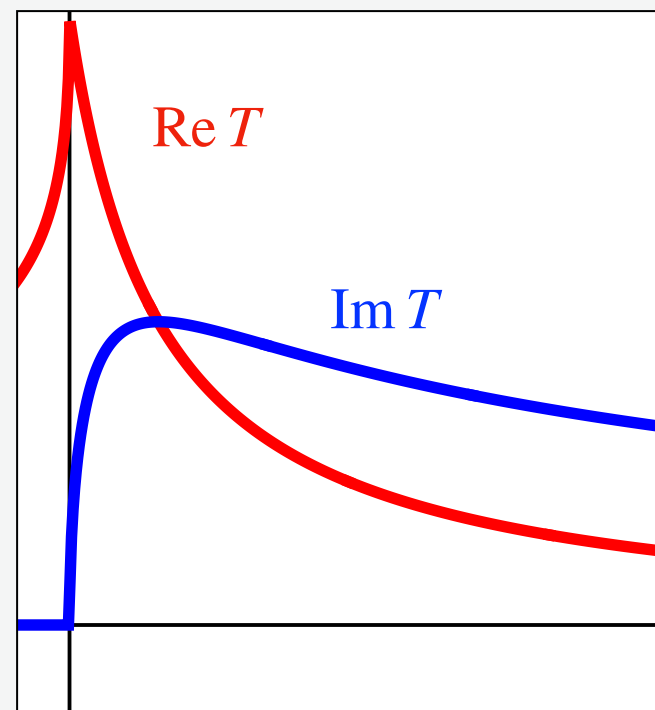
QUANTIZATION CONDITION: 2-BODY EXAMPLE

Review: MM/Doring/Rusetsky Eur.Phys.J.ST 230 (2021)

Continuum QFT

- Asymptotic states at $t \rightarrow \pm \infty$
- underlying quantity: ($\sigma \sim |S|^2, \dots$)

$$S = 1 + iT \in \mathbb{C}$$



$$\text{disc } T \sim |T|^2 \quad \sqrt{s} < 3m$$

unitarity condition (on-shell-ness)

$$T^{-1} = K^{-1} - \int_l \frac{1}{2E_l} \frac{1}{(s - 4E_l^2 + i\epsilon)} = p \cot \delta - \left(\int \dots - \text{Re} \int \dots \right)$$

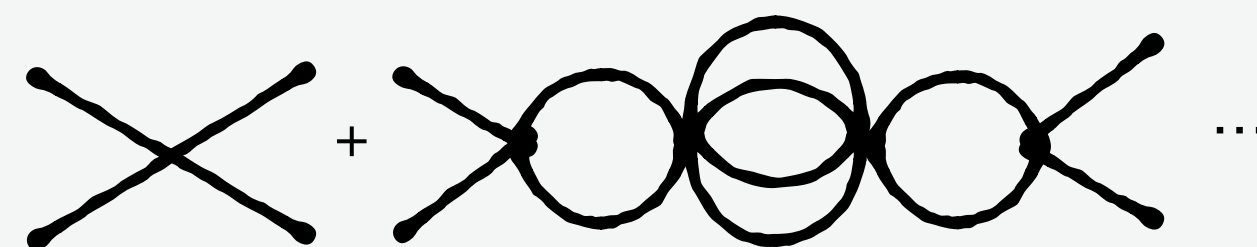
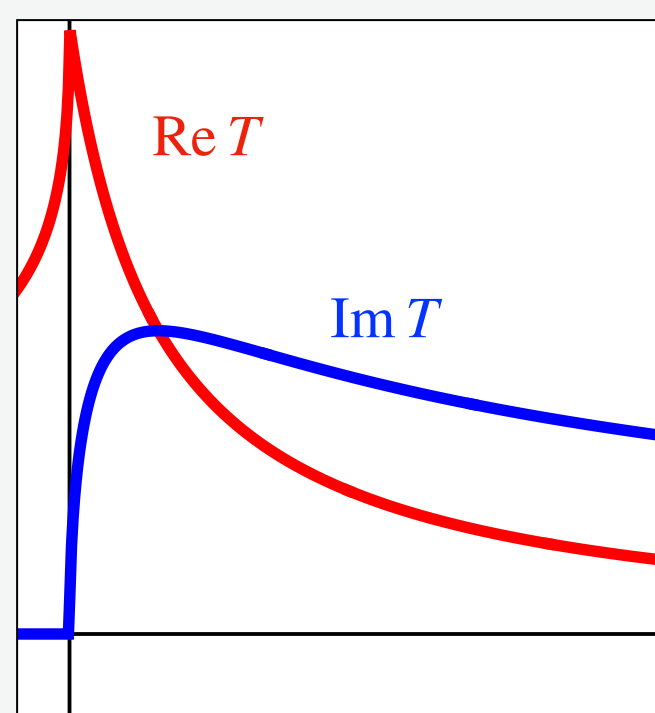
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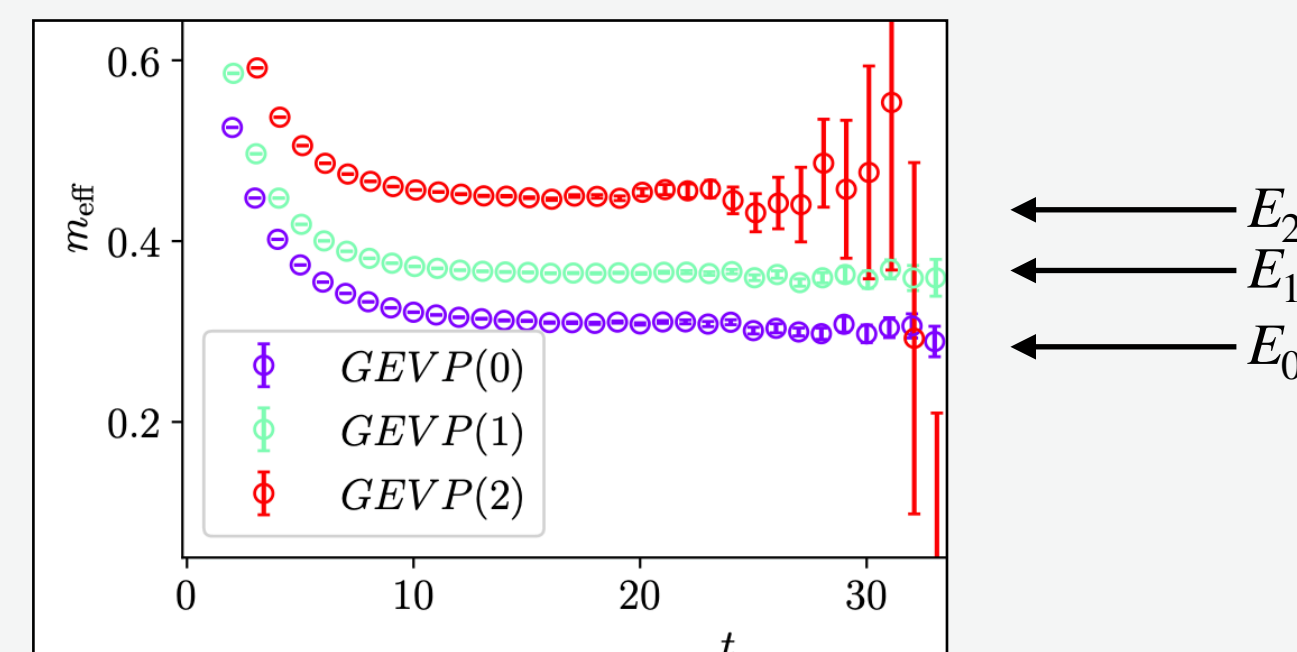
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Finite-volume setup

- Input: energy eigenvalues $\{E_0, \dots\} \in \mathbb{R}$
- Correlation functions at $it \rightarrow \infty$



- off-shell configurations decay exponentially $\sim O(e^{-ML})$
- on-shell states propagate/feel box-size $\sim O((ML)^n)$

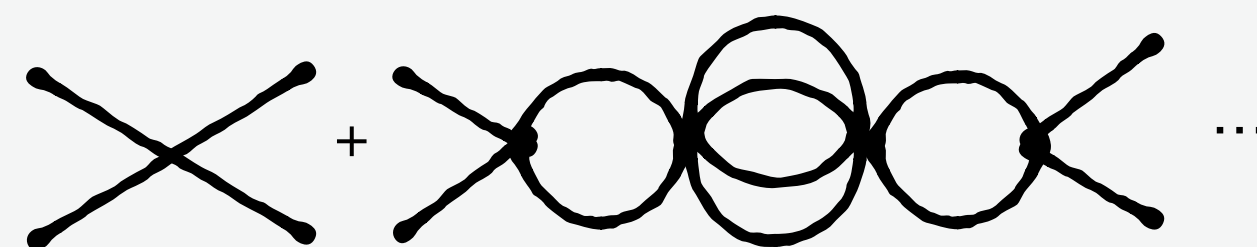
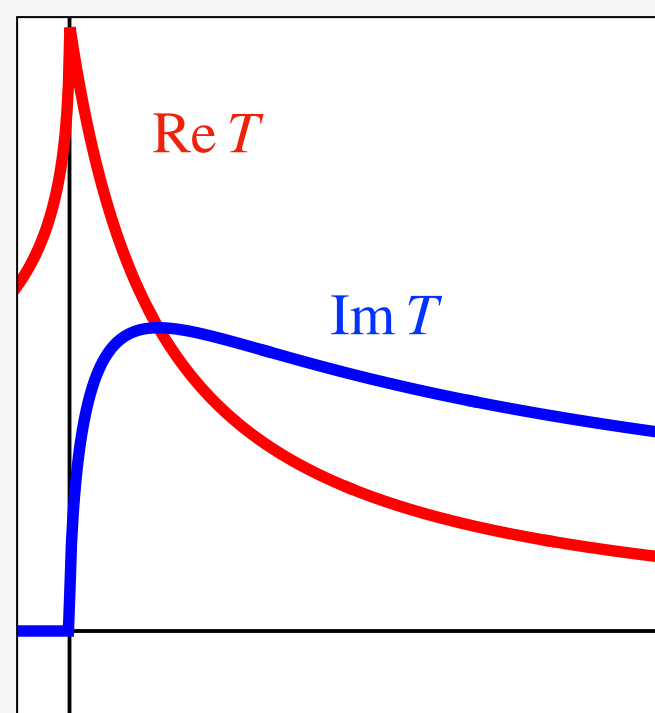
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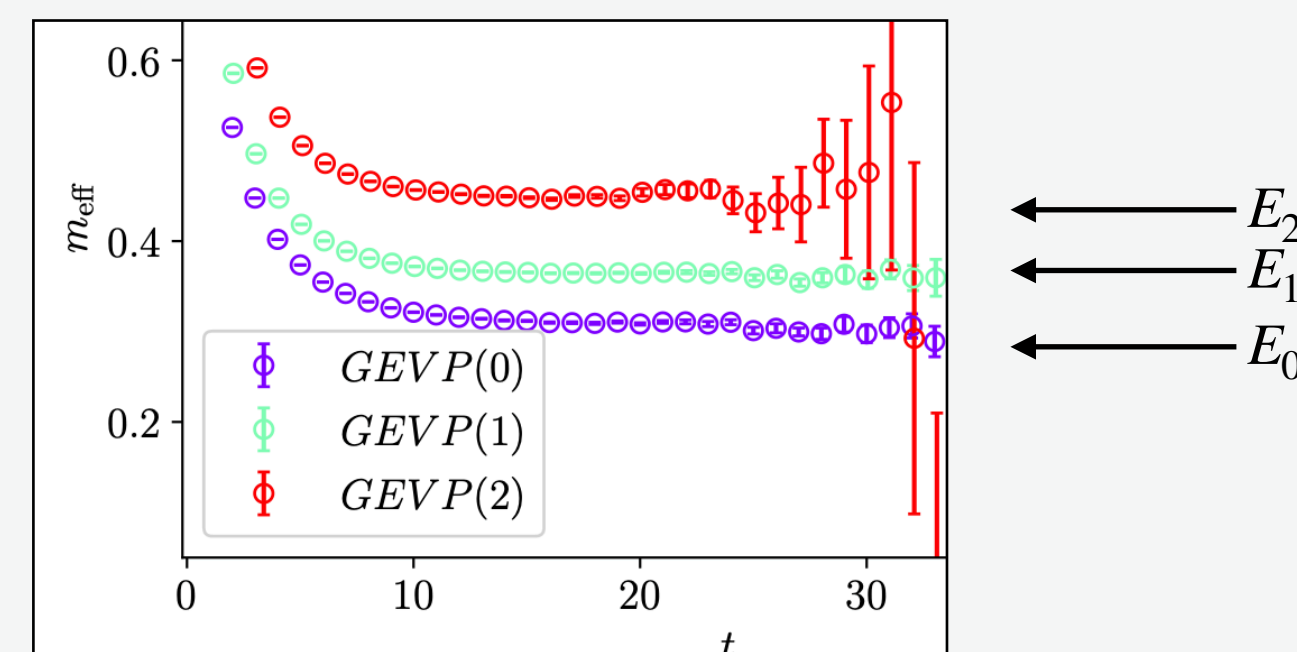
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- Correlation functions at $it \rightarrow \infty$



- off-shell configurations decay exponentially $\sim O(e^{-ML})$
- on-shell states propagate/feel box-size $\sim O((ML)^n)$

$$T_{FV}^{-1} = p \cot \delta - \left(\frac{1}{L^3} \sum_{\vec{l} \in 2\pi LZ} \dots - \text{Re} \int_{\vec{l}} \dots \right) = 0$$

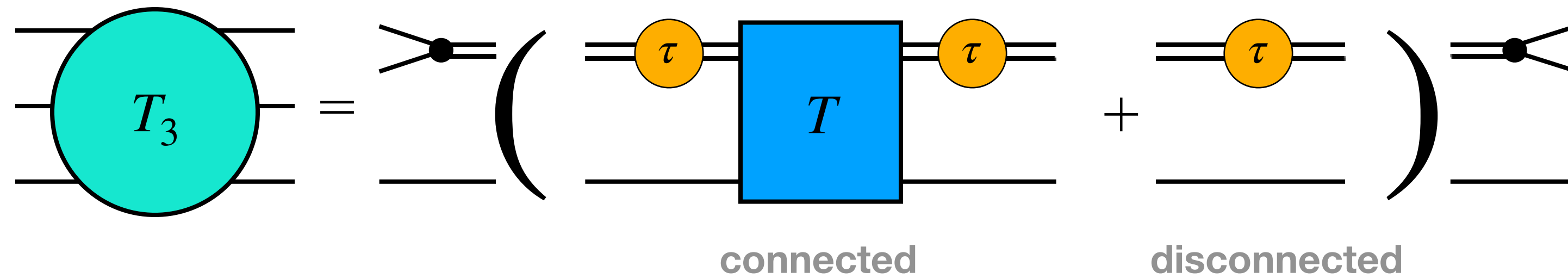
$$p \cot \delta(E_i) = Z_{00}(E_i) + \mathcal{O}(e^{-ML})$$

M. Lüscher, Nucl. Phys. B 354, 531 (1991)

3-BODY INTERACTIONS

... same logic: start with a general scattering amplitude

MM/Hu/Döring/Pilloni/Szczepaniak Eur.Phys.J.A 53 (2017)



Bethe-Salpeter ansatz

... 4D integral equation
... unknown building blocks

isobar, aka dimer, aka 2-body subsystem

- a tower of states for $L = 0, 1, 2, \dots$
- can be repulsive (!)

MM/Doring Phys.Rev.Lett. 122 (2019)

... imposing 3-body unitarity

3-BODY UNITARITY

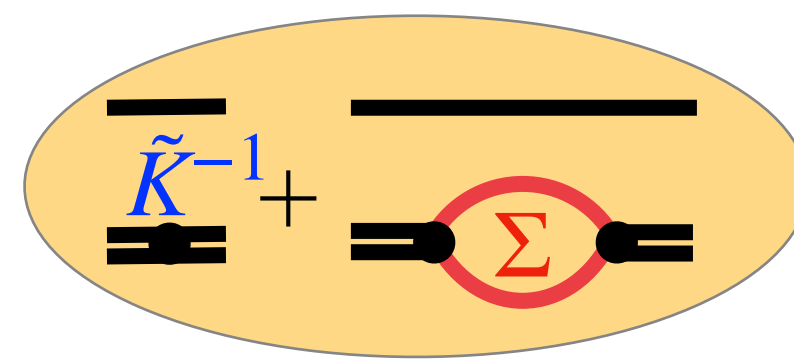
... imposing 3-body unitarity

$$\langle \{q\} | (\hat{T}_3 - \hat{T}_3^\dagger) | \{p\} \rangle = i \int \prod_{\ell=1}^3 \frac{d^4 k_\ell}{(2\pi)^4} (2\pi) \delta^+(k_\ell^2 - m^2) (2\pi)^4 \delta^4 \left(P - \sum_{\ell=1}^3 k_\ell \right) \langle \{q\} | \hat{T}_3^\dagger | \{k\} \rangle \langle \{k\} | \hat{T}_3 | \{p\} \rangle$$

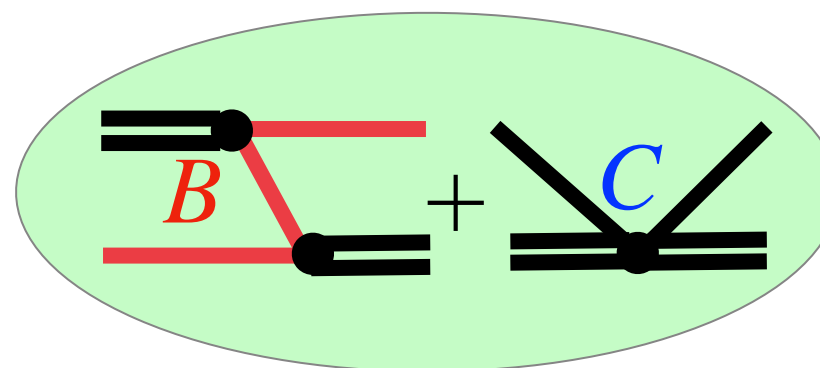
... exact solution — constraints on **disc B** and **disc τ^{-1}**

MM/Hu/Döring/Pilloni/Szczepaniak Eur.Phys.J.A 53 (2017)

$$\tau^{-1}(\sigma(k)) = A + B \sigma(k) + \frac{\sigma(k)^2}{\pi} \int_{4m^2}^{\infty} d\sigma' \frac{\text{Im } \tau^{-1}(\sigma')}{\sigma'^2(\sigma' - \sigma(k) - i\epsilon)}$$



$$B(s, p, p') = - \frac{v(Q, q)v(Q, p)}{2\sqrt{m^2 + \mathbf{Q}^2} \left(E_Q - \sqrt{m^2 + \mathbf{Q}^2} + i\epsilon \right)}$$



A large, semi-transparent grey box containing a complex mathematical derivation. The text is mostly illegible due to the low contrast and overlapping elements, but it appears to be a detailed proof or calculation related to the unitarity condition.

Three-body scattering amplitude

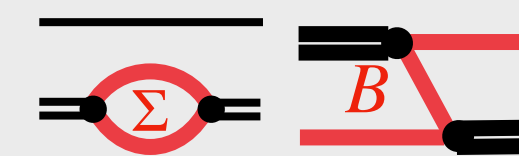
- 3b-Unitarity
- intergal equation (explicit momenta)
- generalized to all channels + strangeness

Feng+ *PRD* 110 (2024) 094002 2407.08721

“Infinite Volume Unitarity” (IVU)

$$T(s, p, p') = B + C + \int \frac{d^3\ell}{(2\pi)^3} \frac{(B + C)}{2E_\ell} \frac{1}{\tilde{K}^{-1} - \Sigma} T$$

MM/Hu/Döring/Pilloni/Szczepaniak *Eur.Phys.J.A* 53 (2017)



on-shell configurations
no free parameters



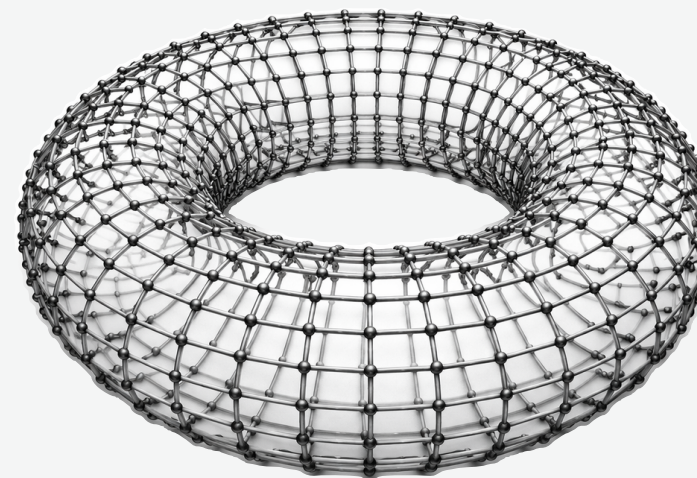
Real/offshell
“2-/3-body force”

$\sim O((ML)^n)$

$\sim O(e^{-ML})$

Three-body quantization condition

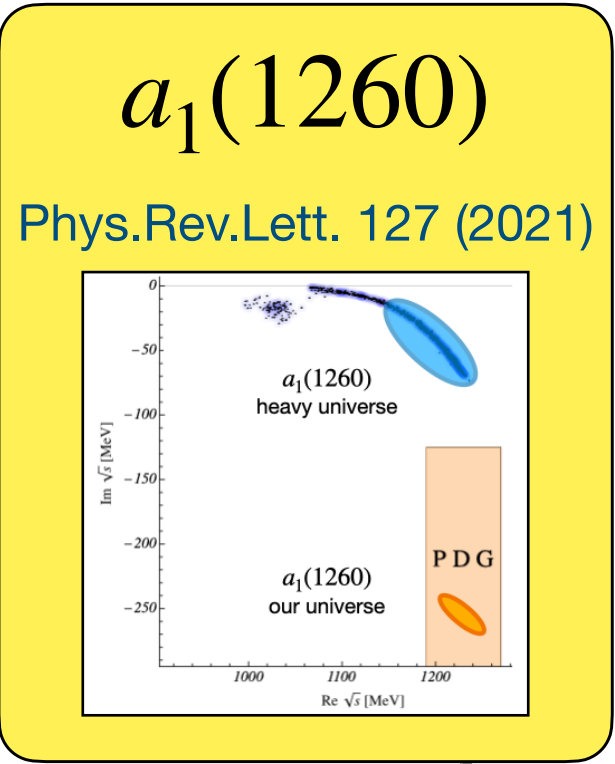
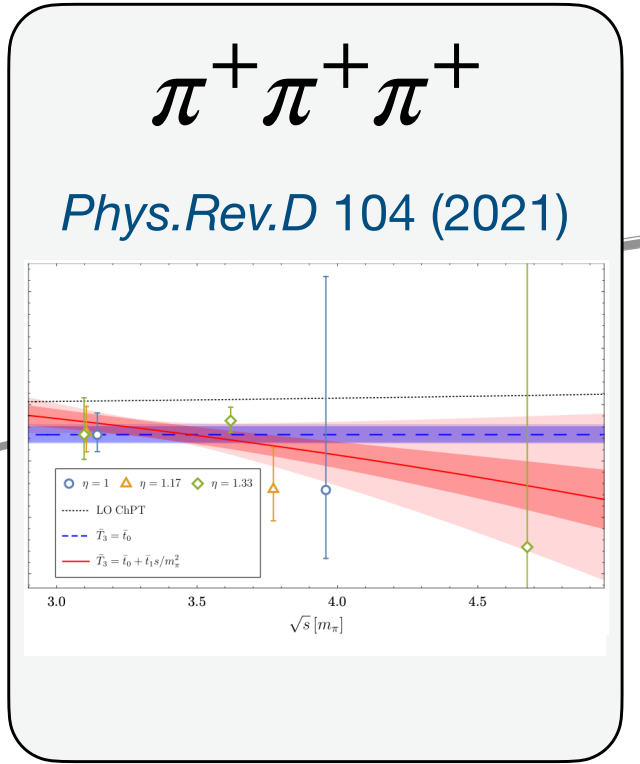
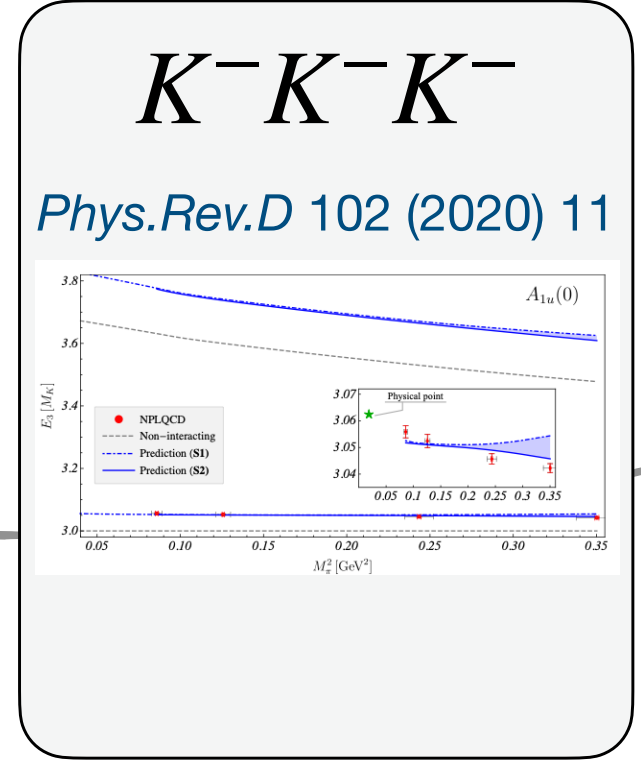
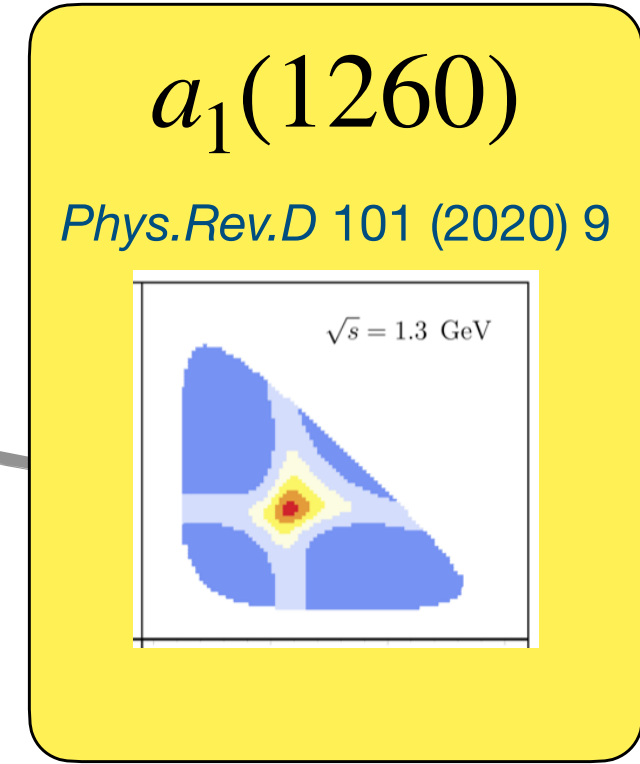
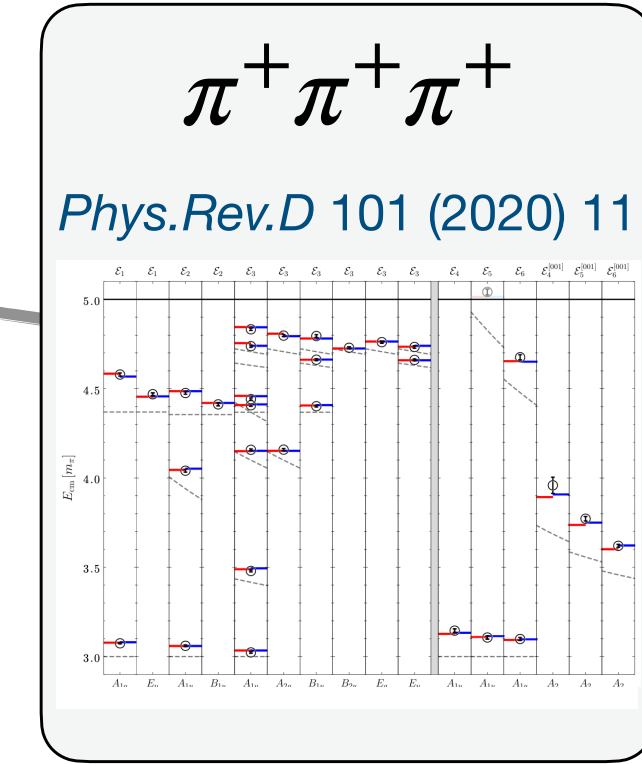
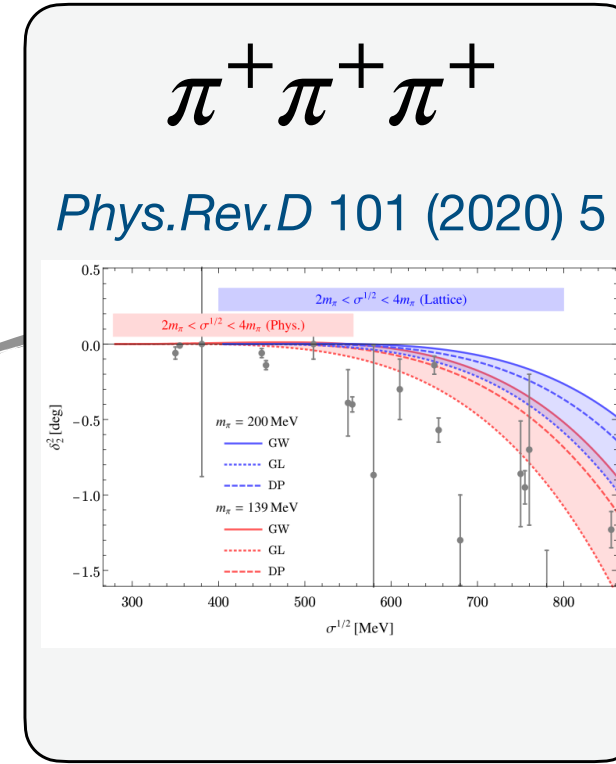
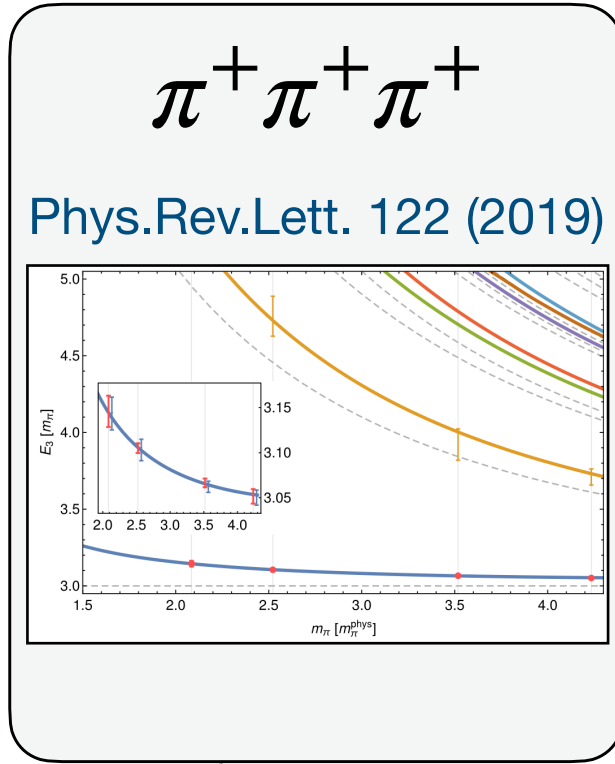
- only discrete momenta are possible $2\pi/L \mathbb{Z}^3$
- determinant equation
- relevant volume-dependence: singularities/onshell states
(+ $O(e^{-ML})$)



“Finite Volume Unitarity” (FVU)

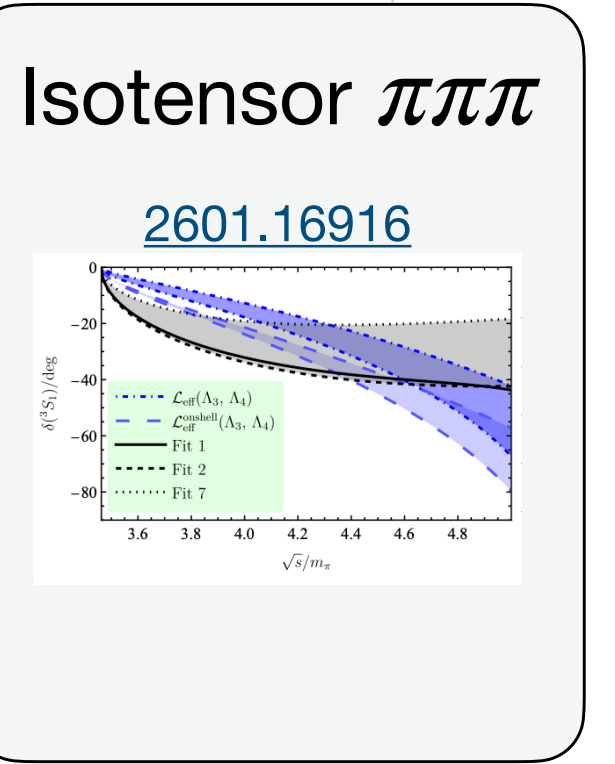
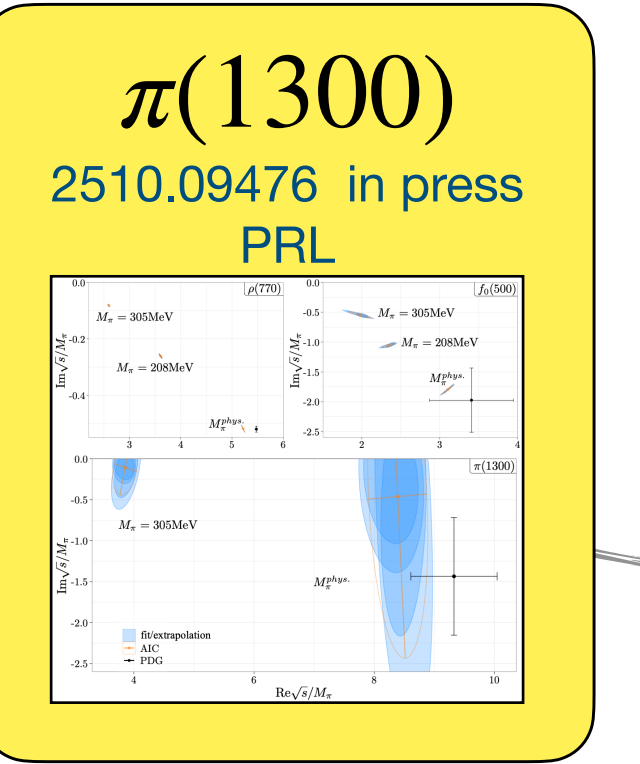
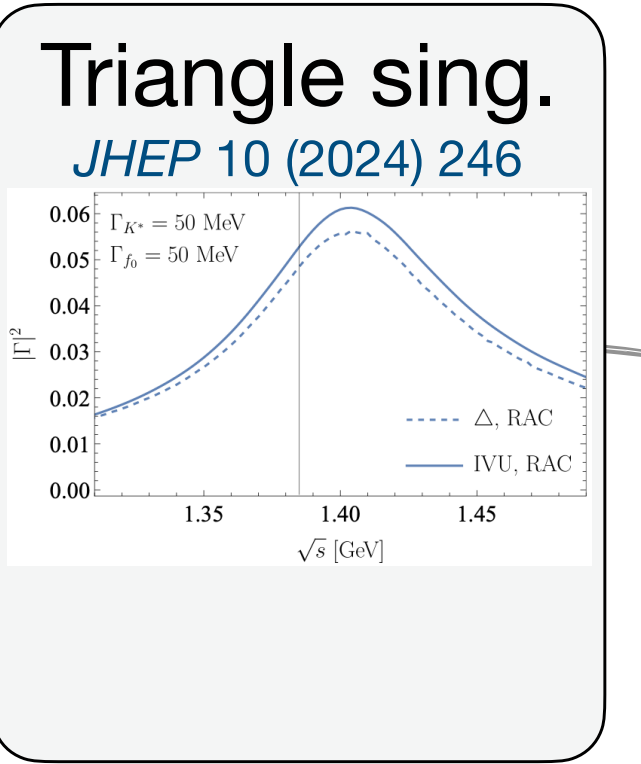
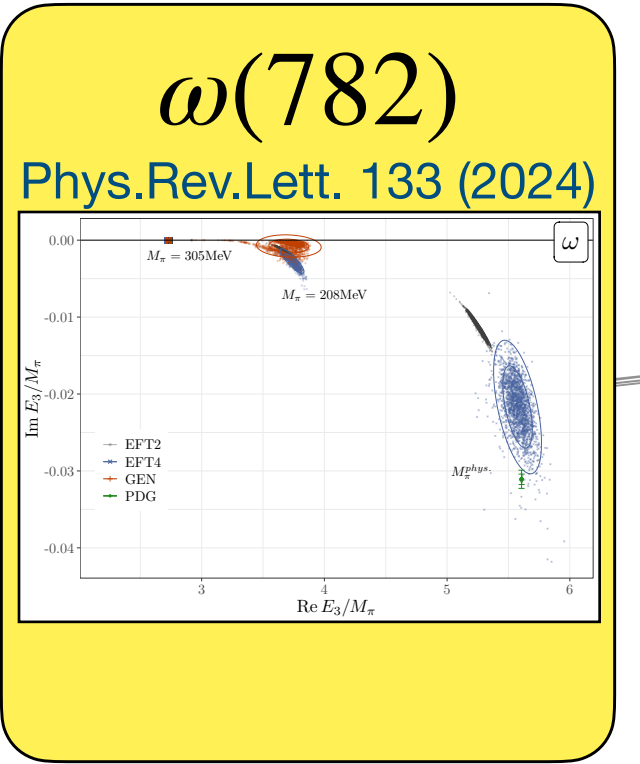
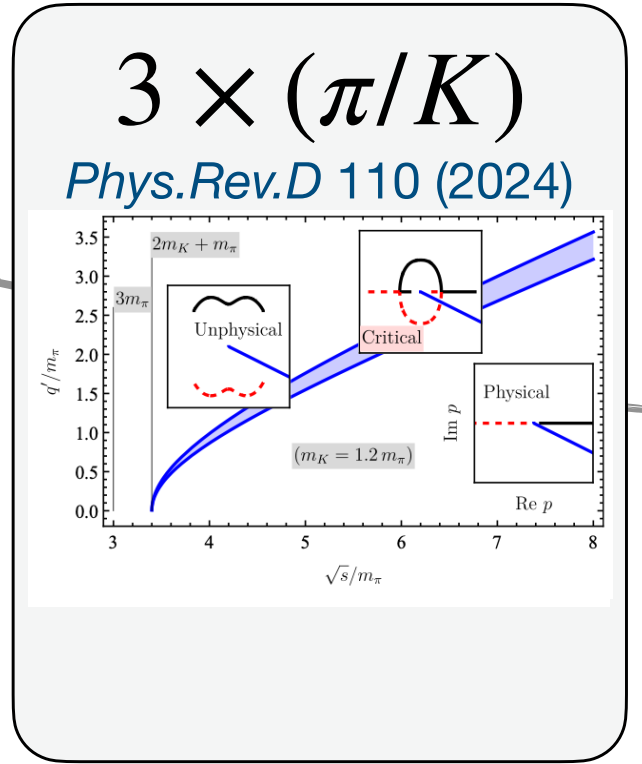
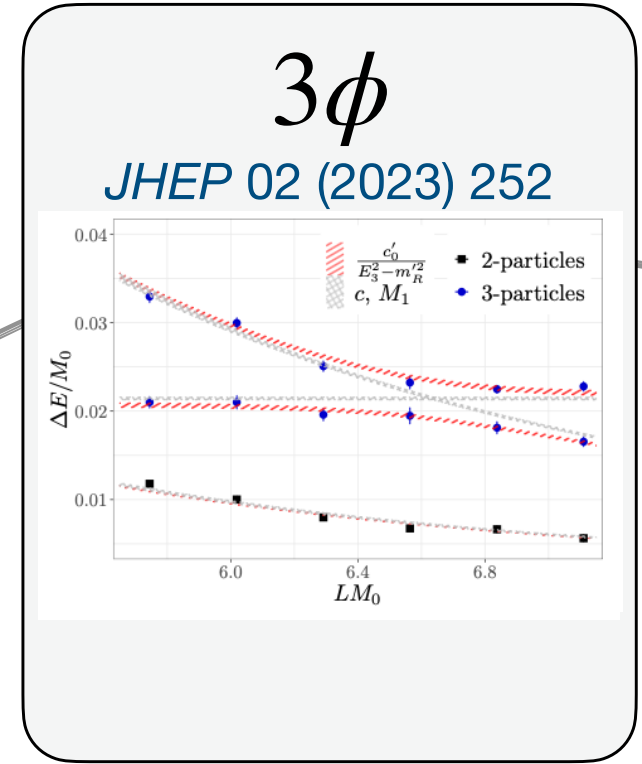
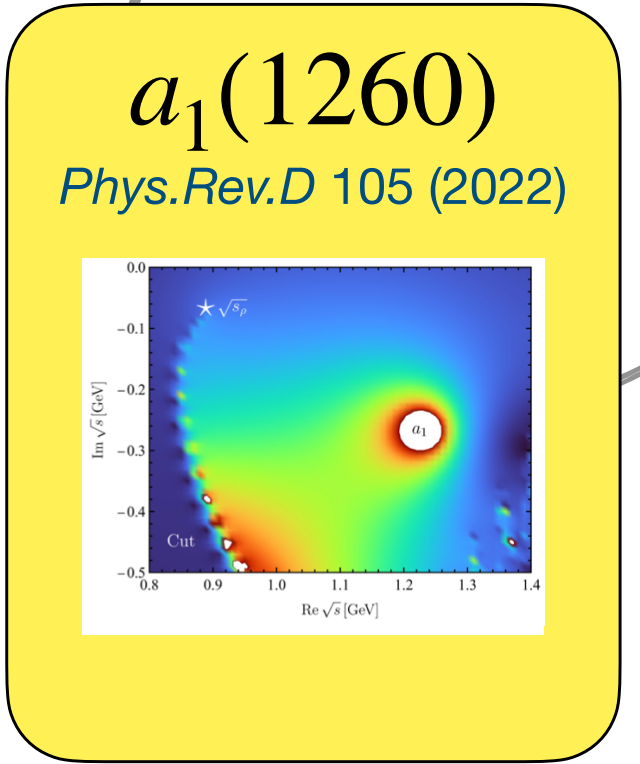
$$\det \left[2L^3 E_p (\tilde{K}^{-1} - \Sigma^L) - B - C \right]_\Gamma \equiv 0$$

MM/Döring *Eur.Phys.J.A* 53 (2017) 12, 240



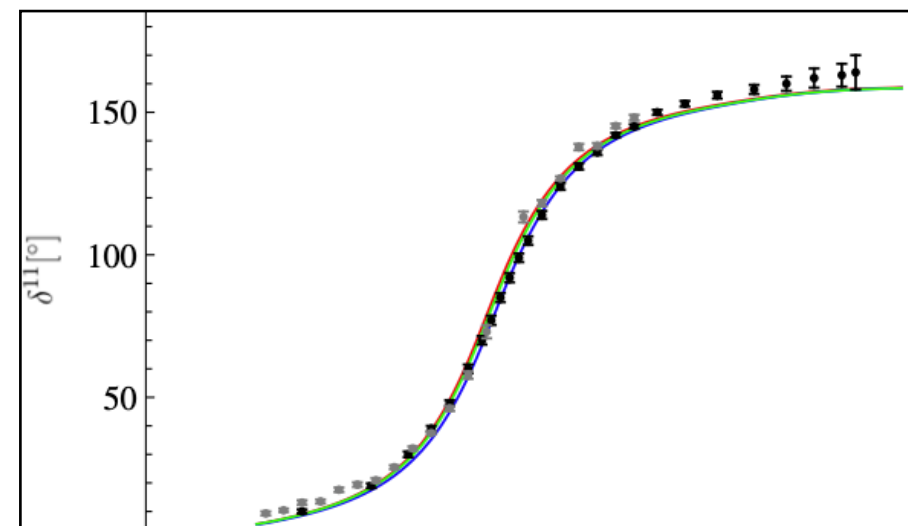
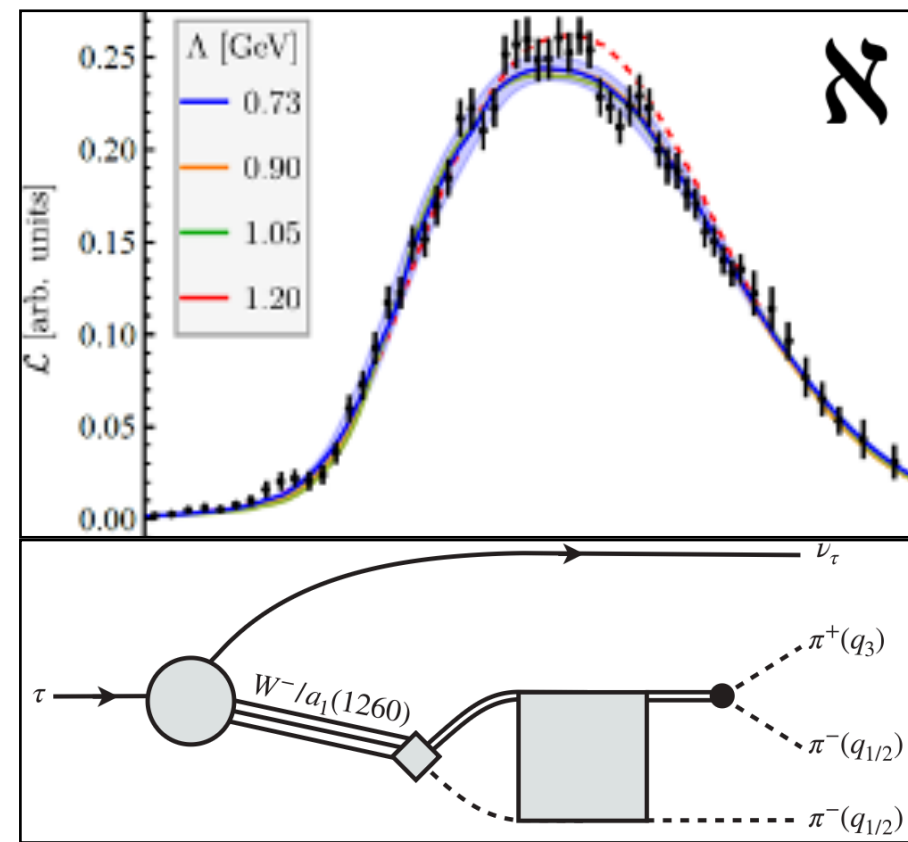
Eur.Phys.J.A 53 (2017) 12, 240

FVU/IVU APPLICATIONS



AXIAL-VECTOR MESON

Sadasivan/Akdag/MM/Culver/Alexandru/Lee/Doring Phys.Rev.D 101 (2020); Phys.Rev.D 105 (2022)



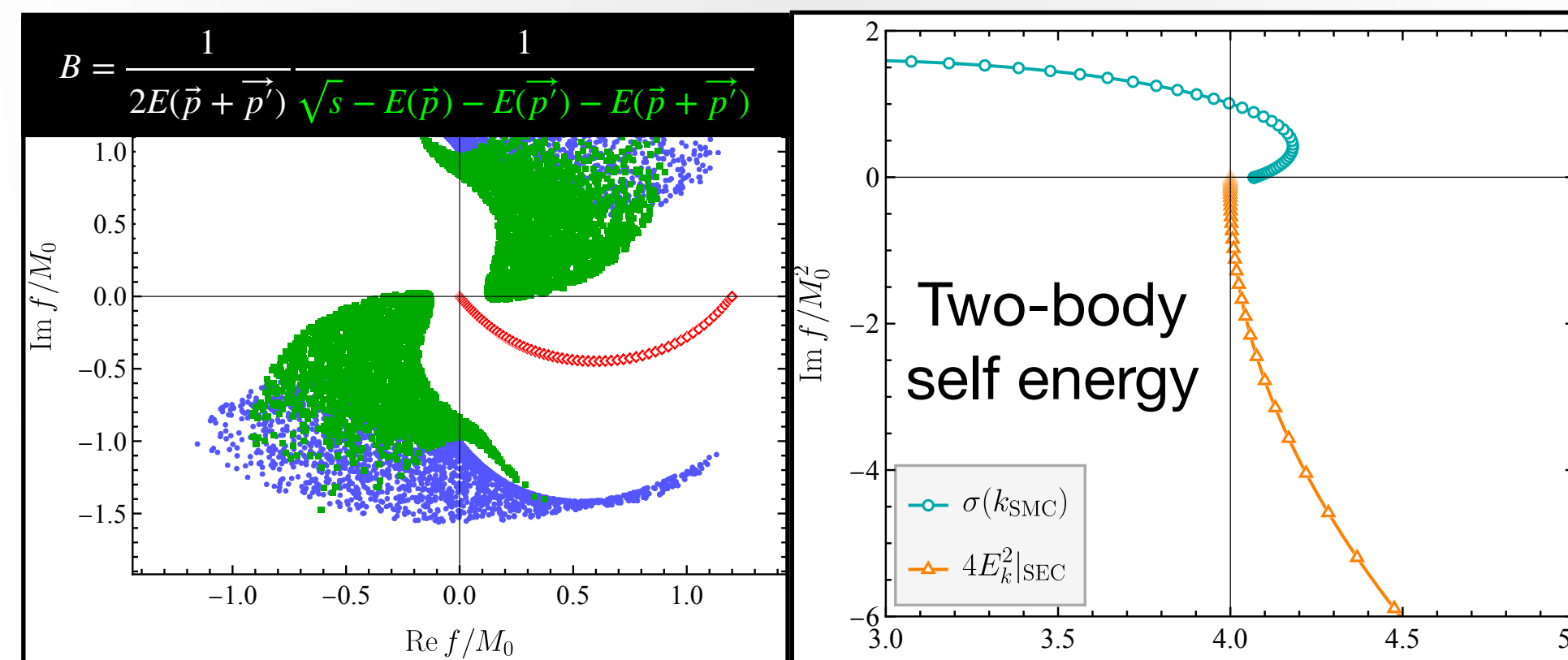
Schael et al. [ALEPH] Phys.Rept. 421 (2005); Nucl.Phys.B 79; Phys.Rev.D 7;

IVU

$$T(s, p, p') = B + C + \int \frac{d^3\ell}{(2\pi)^3} \frac{(B + C)}{2E_\ell} \frac{1}{\tilde{K}^{-1} - \Sigma} T$$

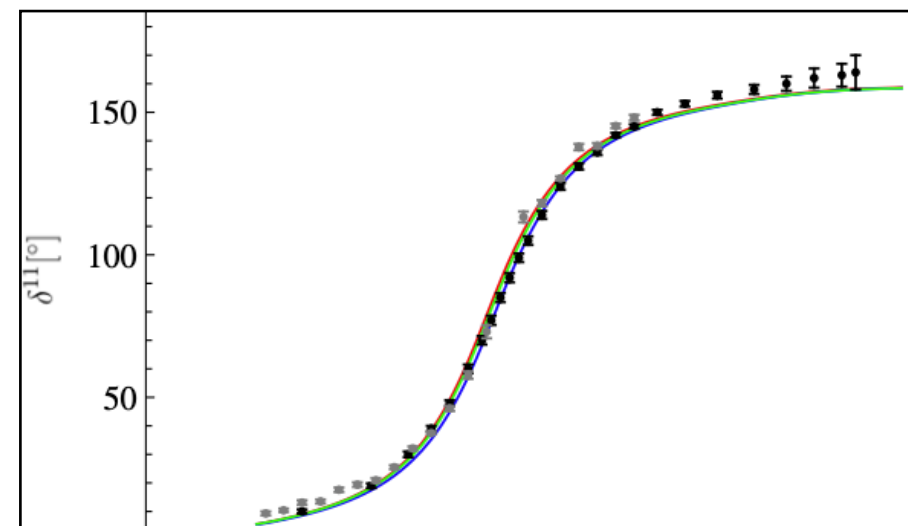
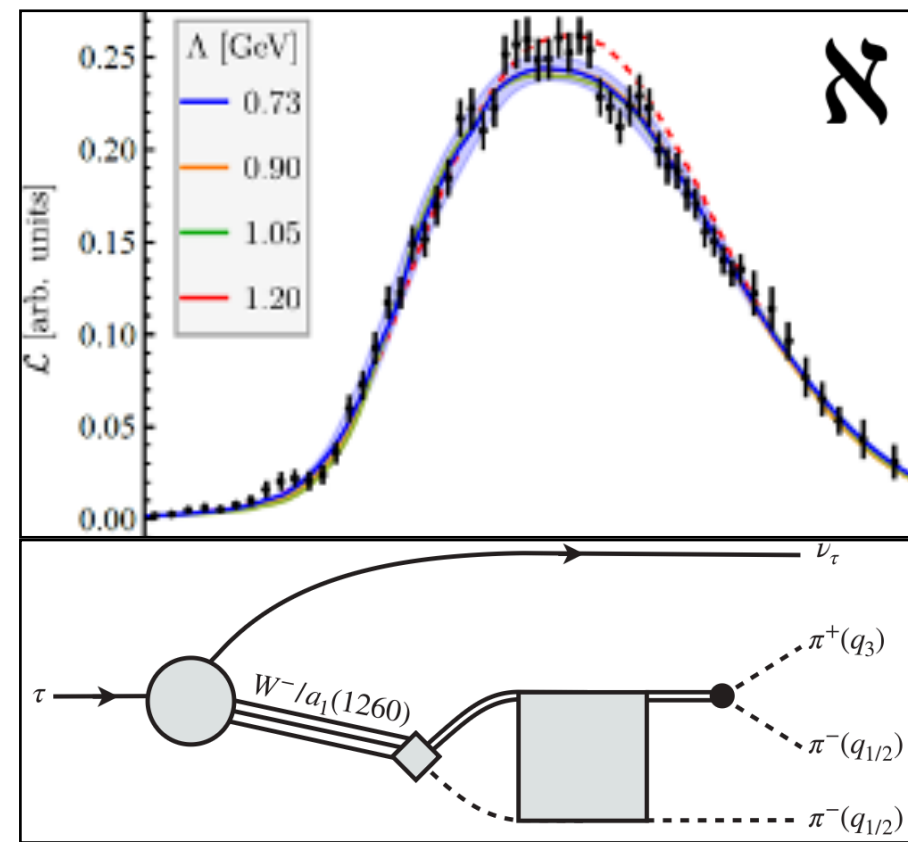
Solution technique

- Complex contour deformation $|\ell| \in \mathbb{C}$
- Analytic continuation to the real axis



AXIAL-VECTOR MESON

Sadasivan/Akdag/MM/Culver/Alexandru/Lee/Doring Phys.Rev.D 101 (2020); Phys.Rev.D 105 (2022)

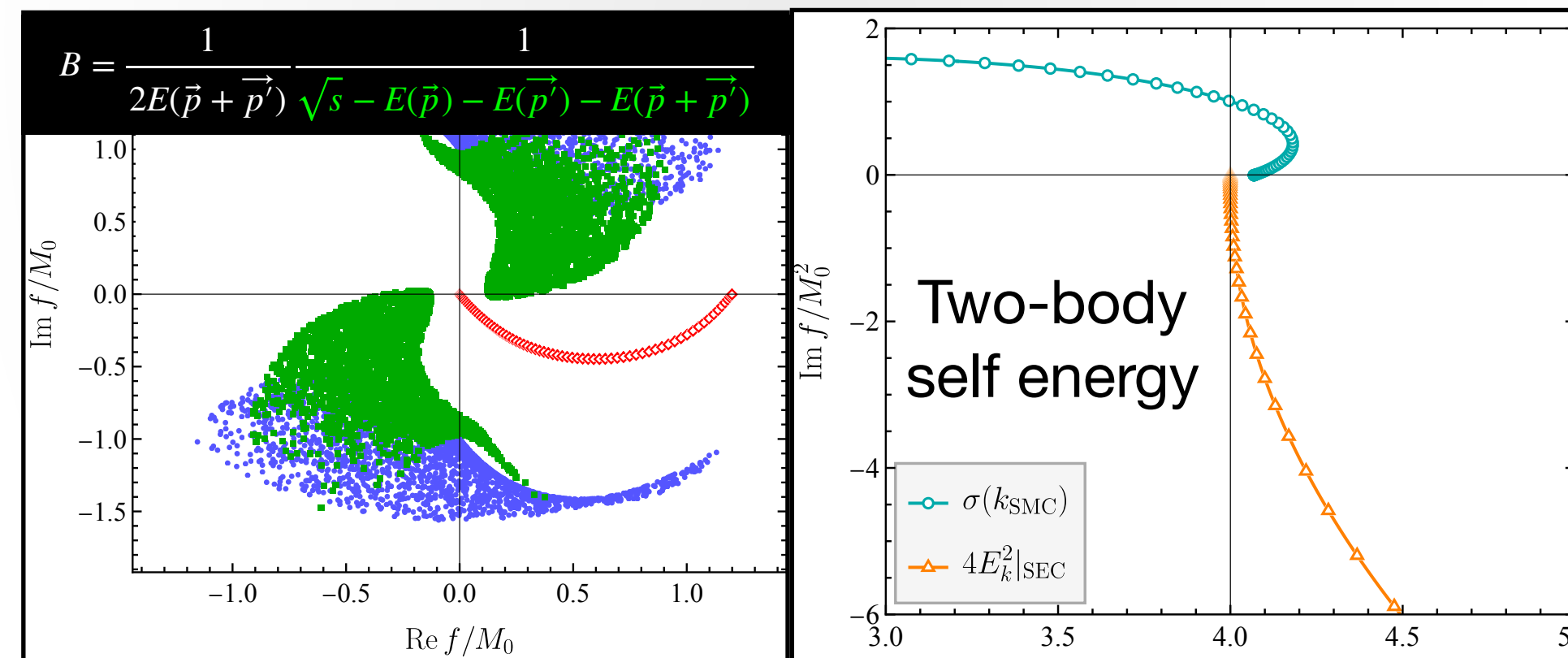
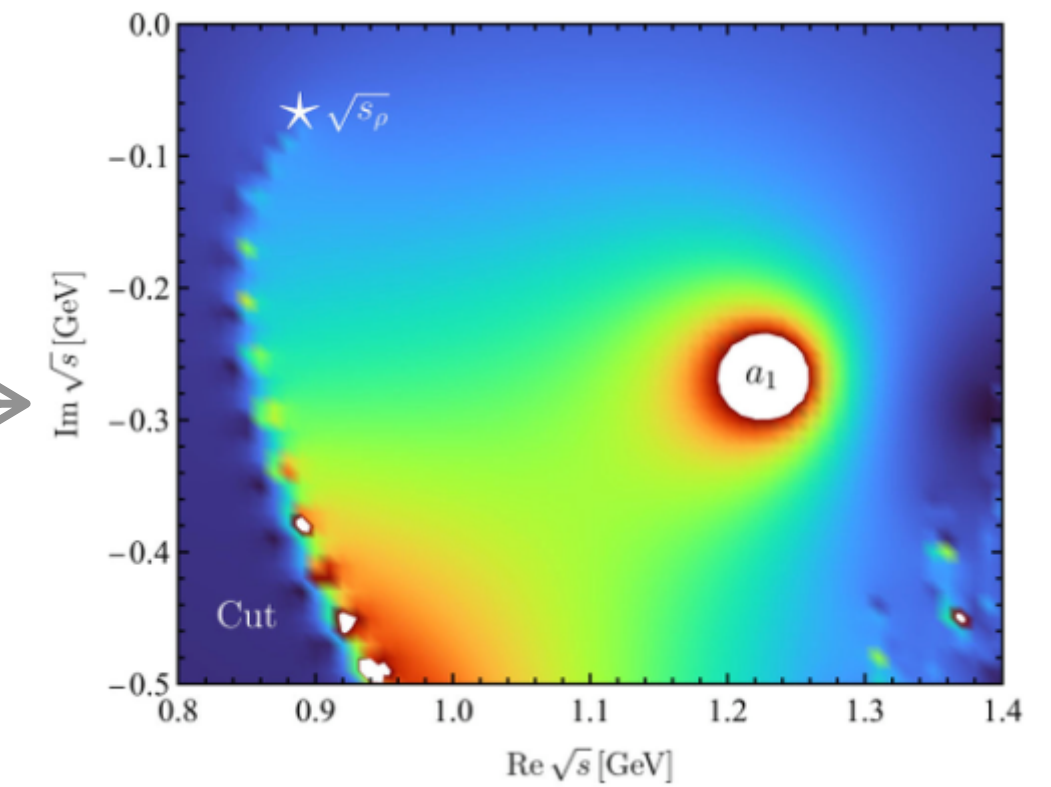
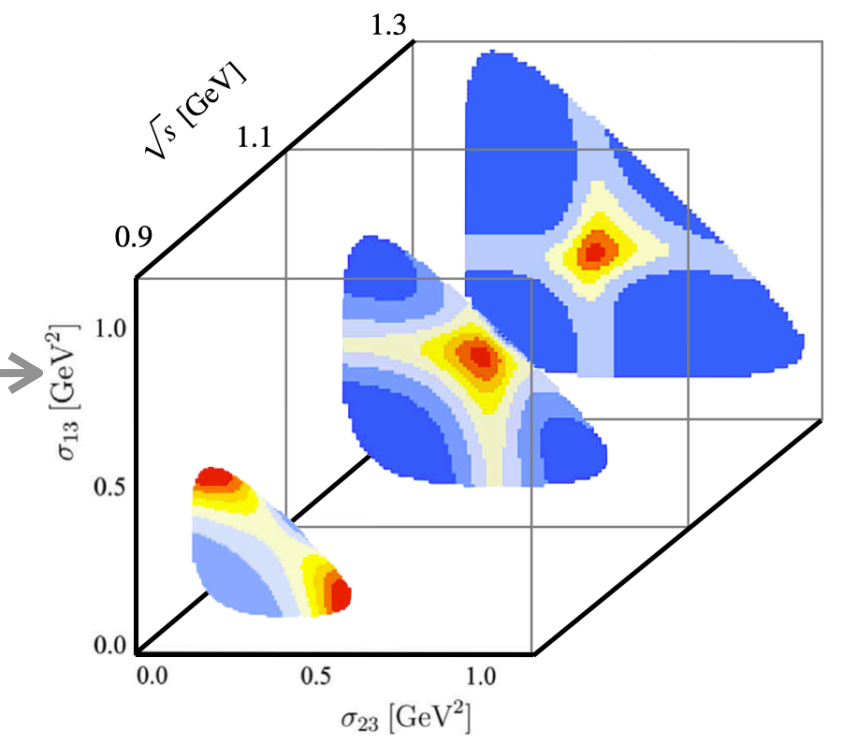


Schael et al. [ALEPH] Phys.Rept. 421 (2005); Nucl.Phys.B 79; Phys.Rev.D 7;

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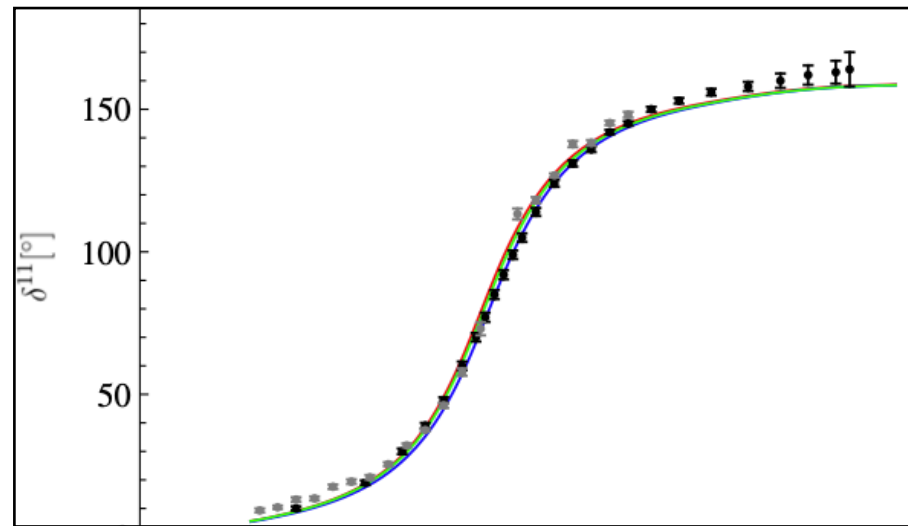
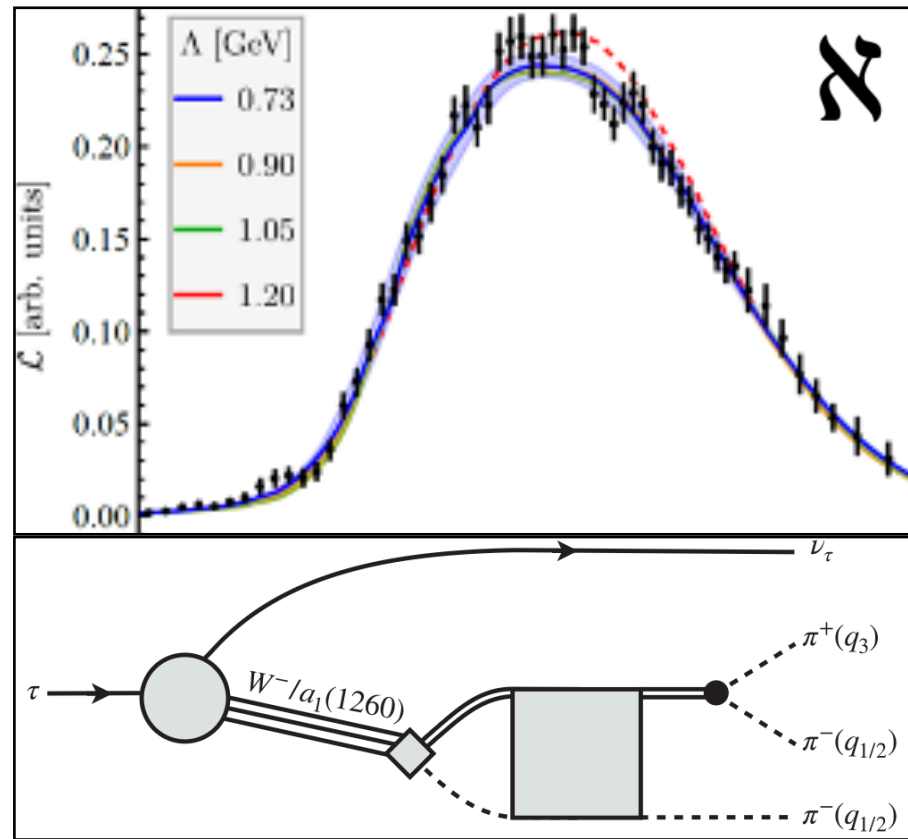
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Sadasivan/Akdag/MM/Culver/Alexandru/Lee/Doring Phys.Rev.D 101 (2020); Phys.Rev.D 105 (2022)

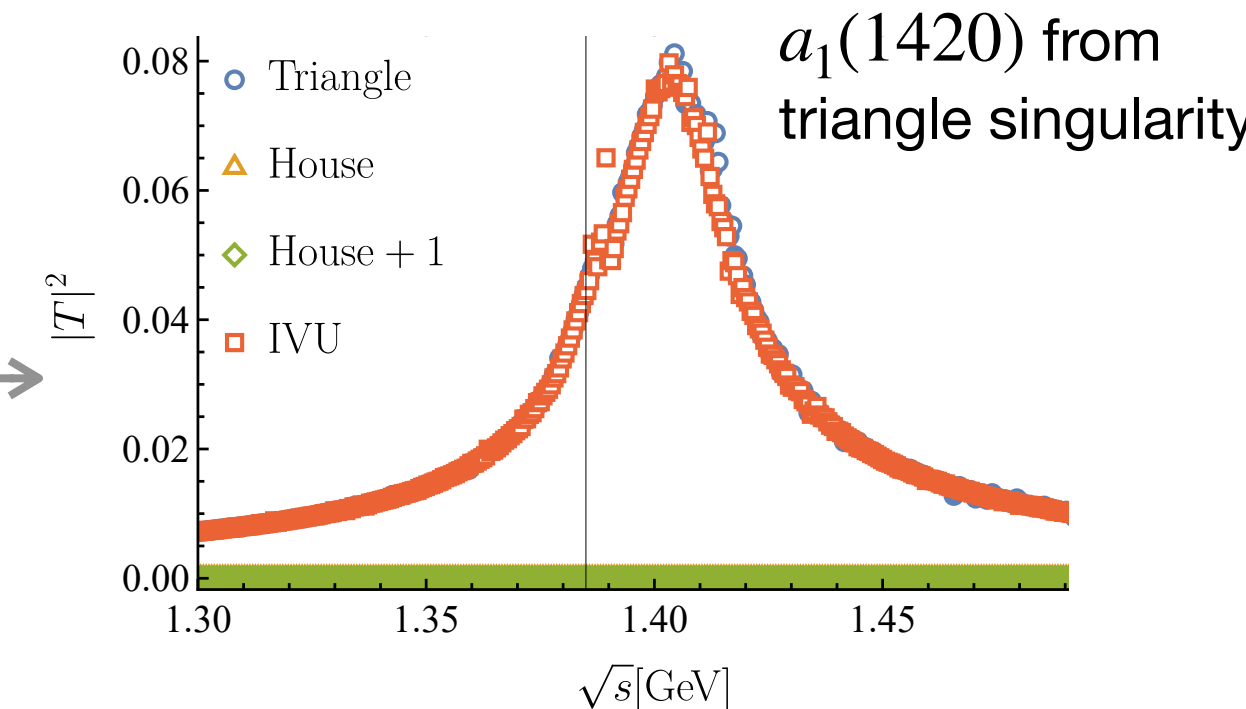
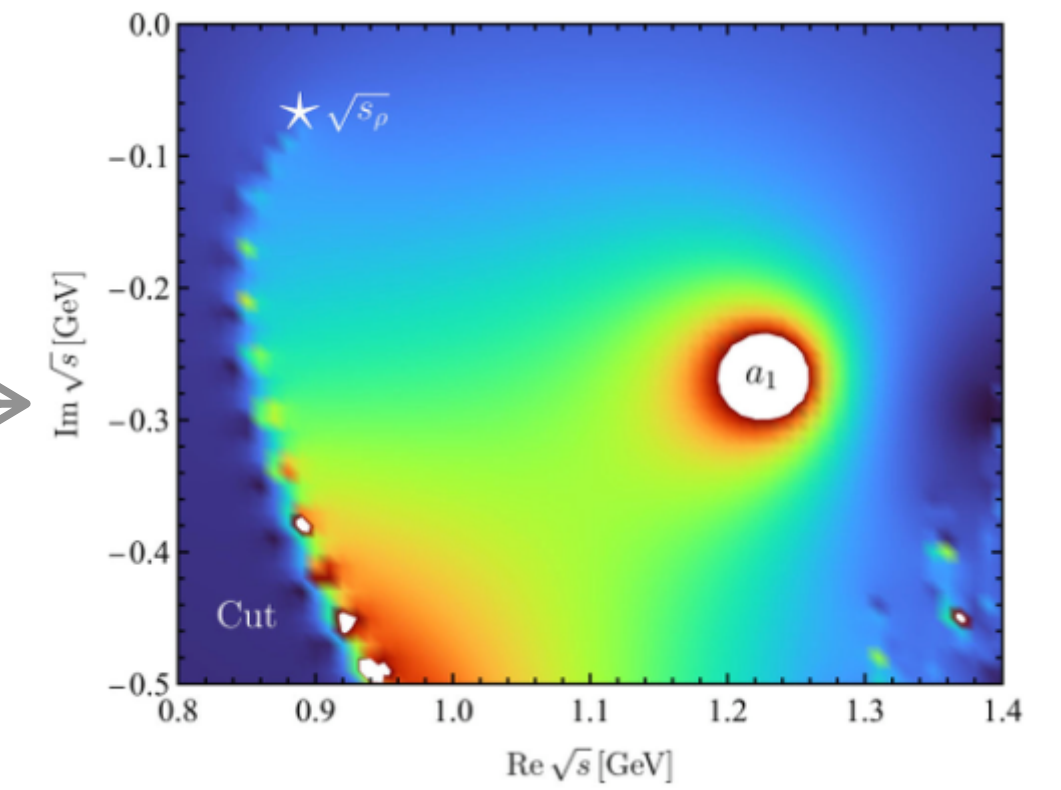
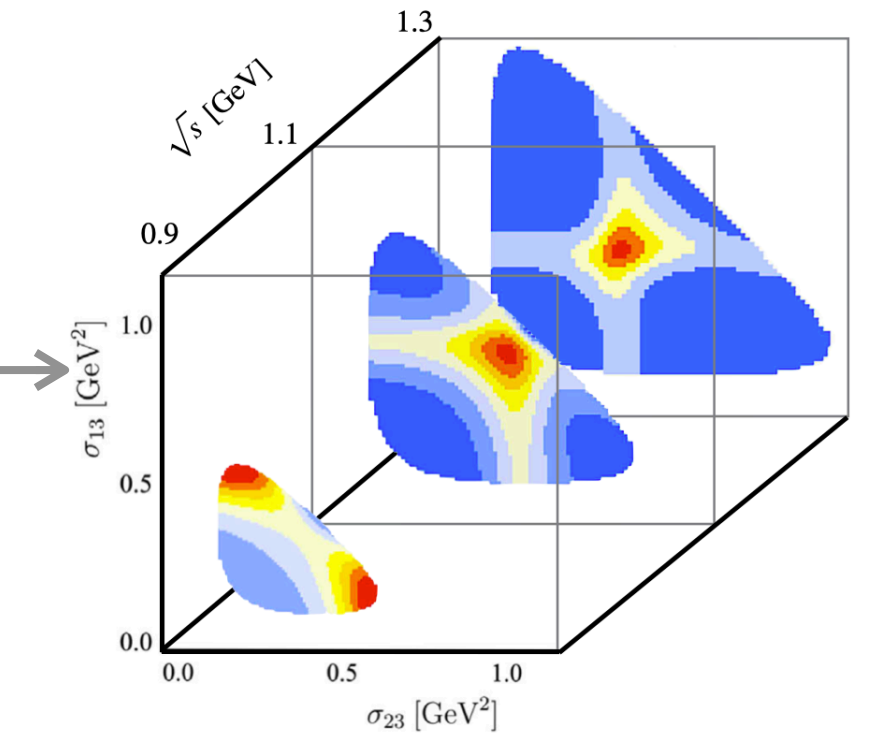
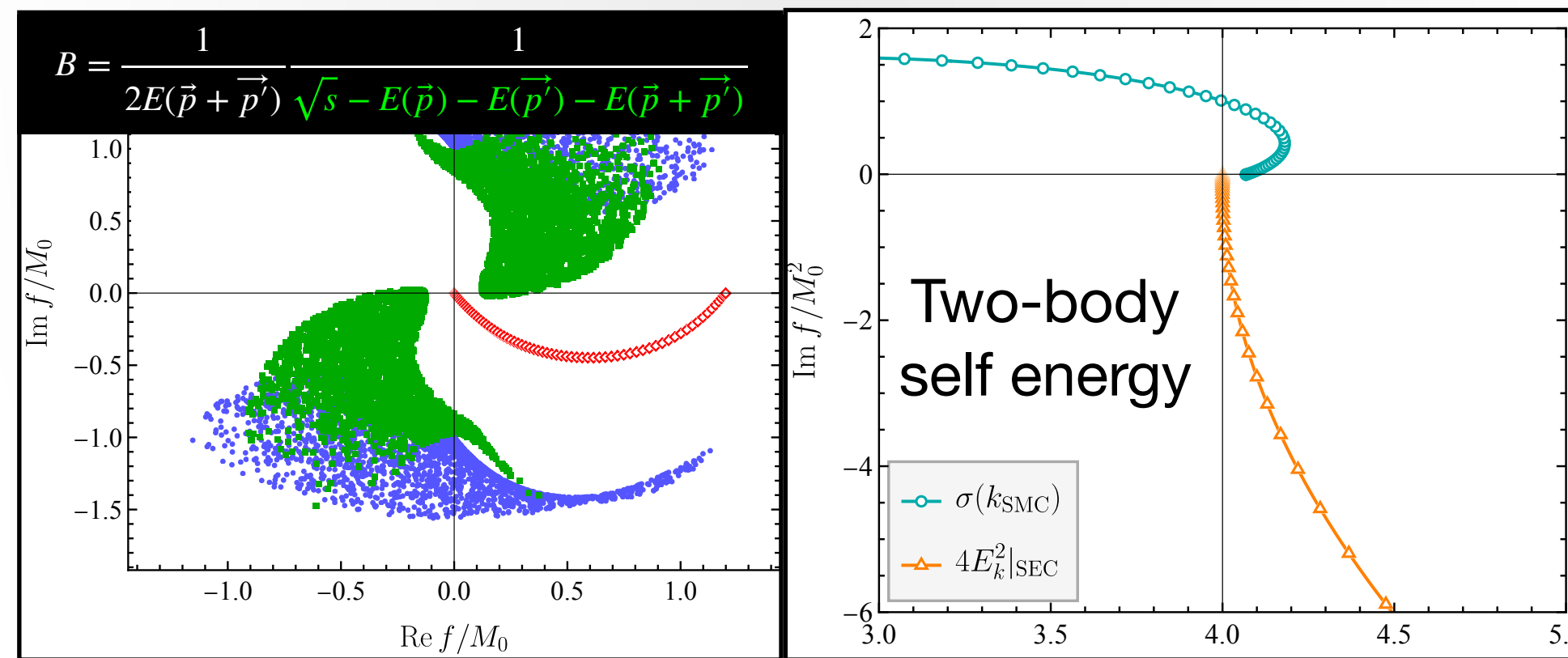


Schael et al. [ALEPH] Phys.Rept. 421 (2005); Nucl.Phys.B 79; Phys.Rev.D 7;

$$T(s, p, p') = B + C + \int \frac{d^3 \ell}{(2\pi)^3} \frac{(B + C)}{2E_\ell} \frac{1}{\tilde{K}^{-1} - \Sigma} T$$

Solution technique

- Complex contour deformation $|\ell| \in \mathbb{C}$
- Analytic continuation to the real axis



AXIAL-VECTOR MESON (LATTICE QCD)

MM/Culver/Alexandru/Doring/Lee/Sadasivan [GWQCD] PRL 127 (2021)

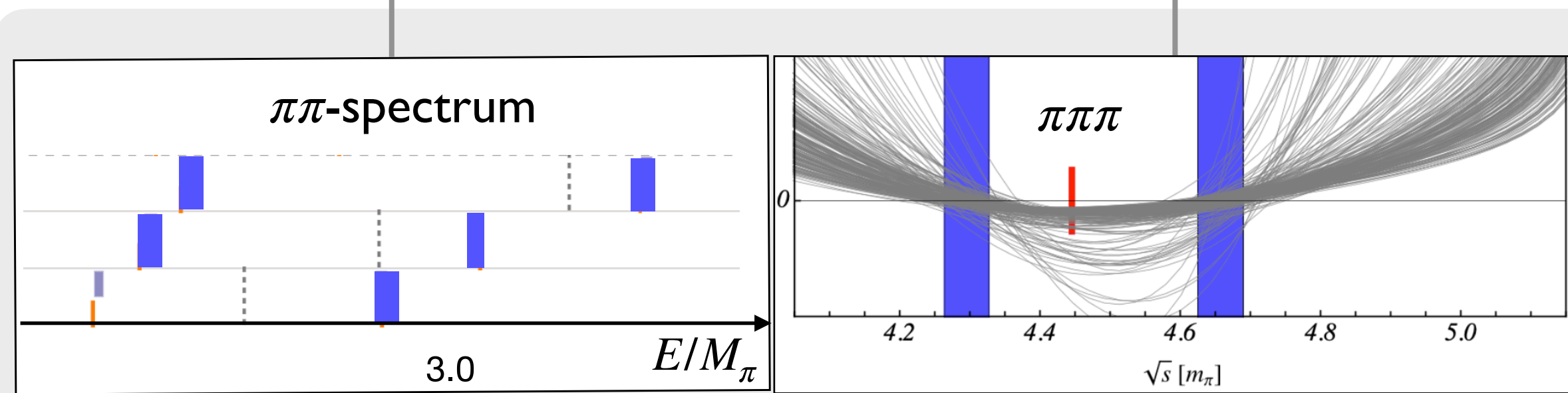
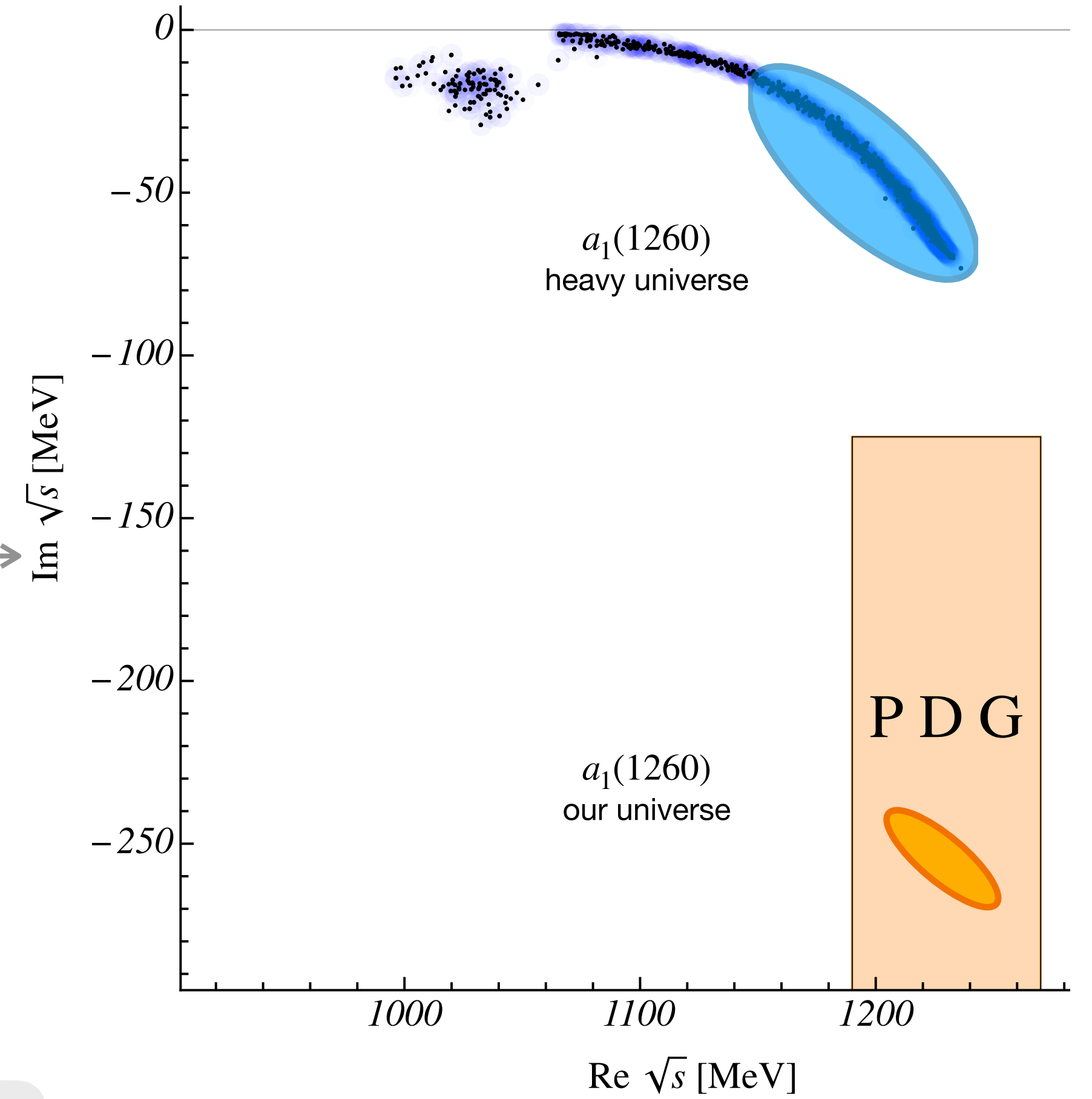
IVU

$$T(s, p, p') = B + C + \int \frac{d^3\ell}{(2\pi)^3} \frac{(B + C)}{2E_\ell} \frac{1}{\tilde{K}^{-1} - \Sigma} T$$

C, \tilde{K}
volume independent
generic form

FVU

$$\det \left[2L^3 E_p (\tilde{K}^{-1} - \Sigma^L) - B - C \right]^\Gamma \equiv 0$$

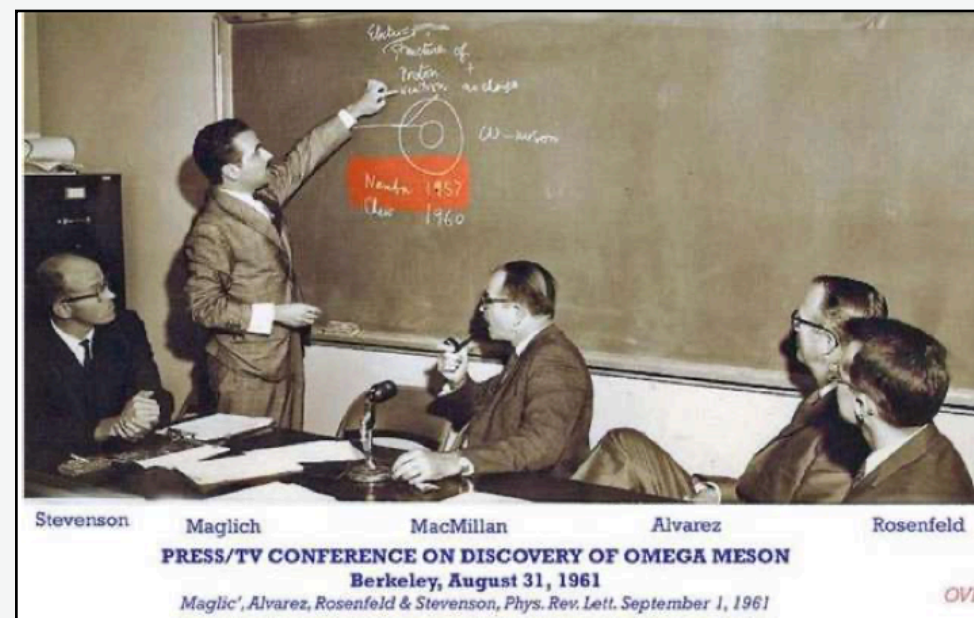


- Lattice QCD**
- $M_\pi \approx 315\text{MeV}$
 - $N_f = 2$

VECTOR MESON

$\omega(782)$

- lightest hadron decaying into three particles



- isoscalar response within the VMD of the photon-nucleon interactions
- ~repulsion at < 1 fm in the one-boson-exchange picture of the N–N interaction

Sakurai (1960); Erkelenz (1974); Brown and Jackson (1976); Barkov et al., 1985; Connell et al. (1997); Bazavov et al. (2021)

What can we learn from Lattice QCD?

- two/three-body force
- pion-mass dependence
- KSFR/Universality relations/... in EFT

Gell-Mann/Sharp/Wagner/Fujiwara/Kawarabayashi... Review: Meißner Phys.Rept. 161 (1988) 213

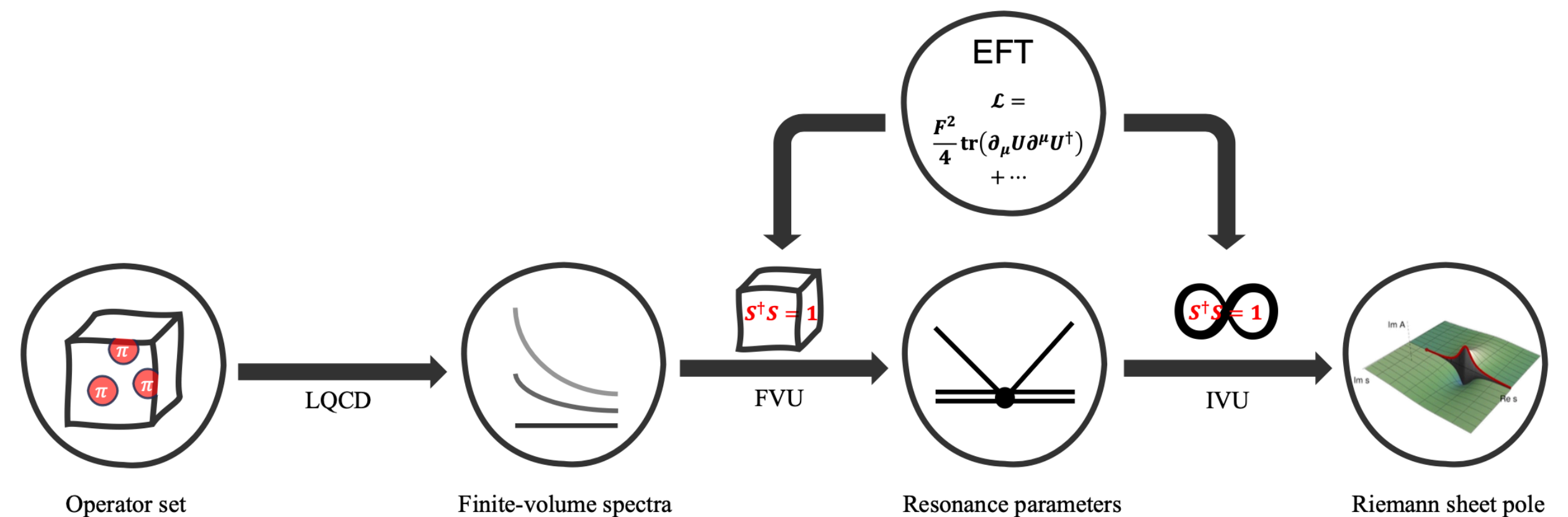
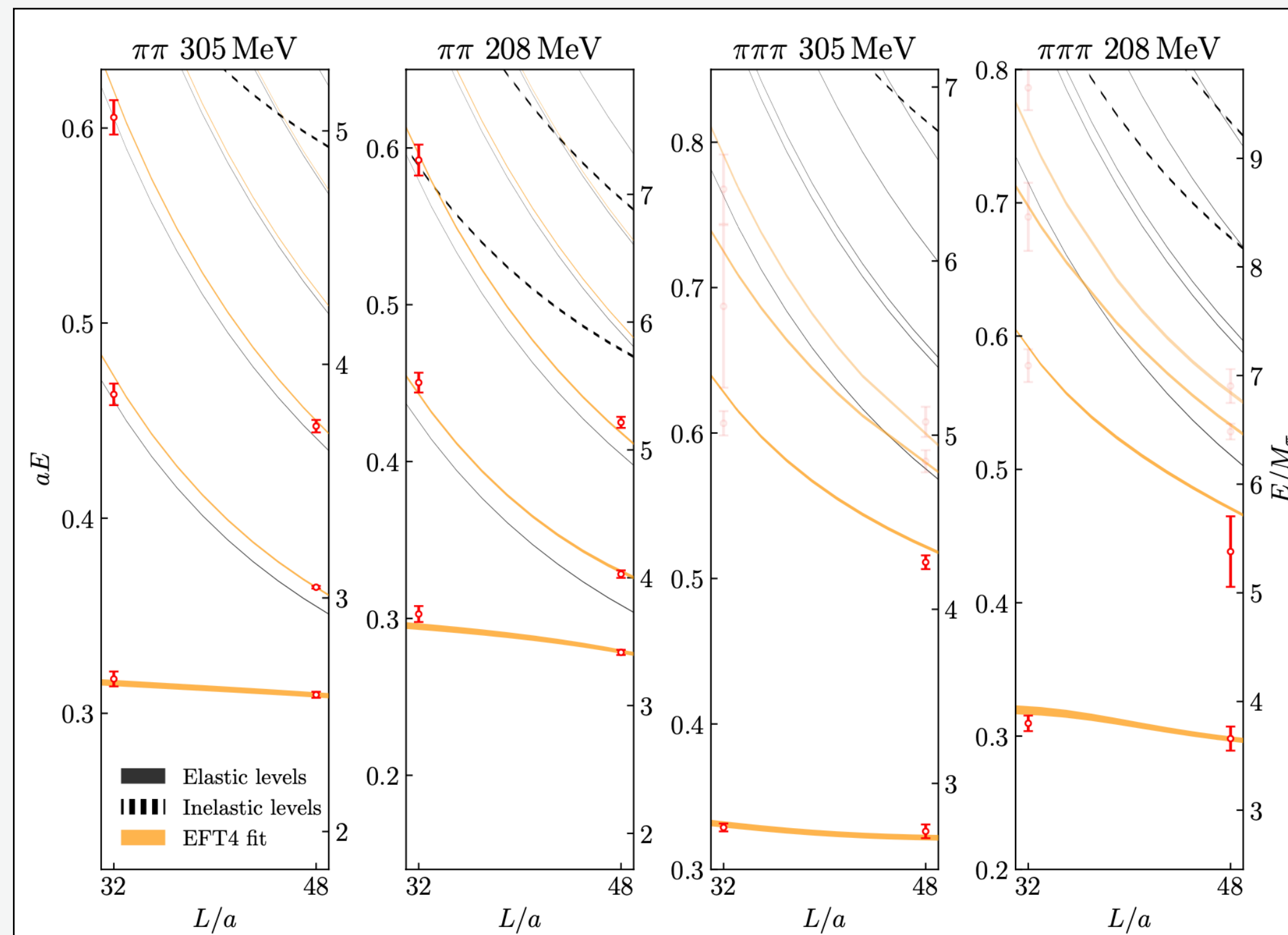


Fig by Haobo Yan (燕浩波)

VECTOR MESON

Lattice QCD input

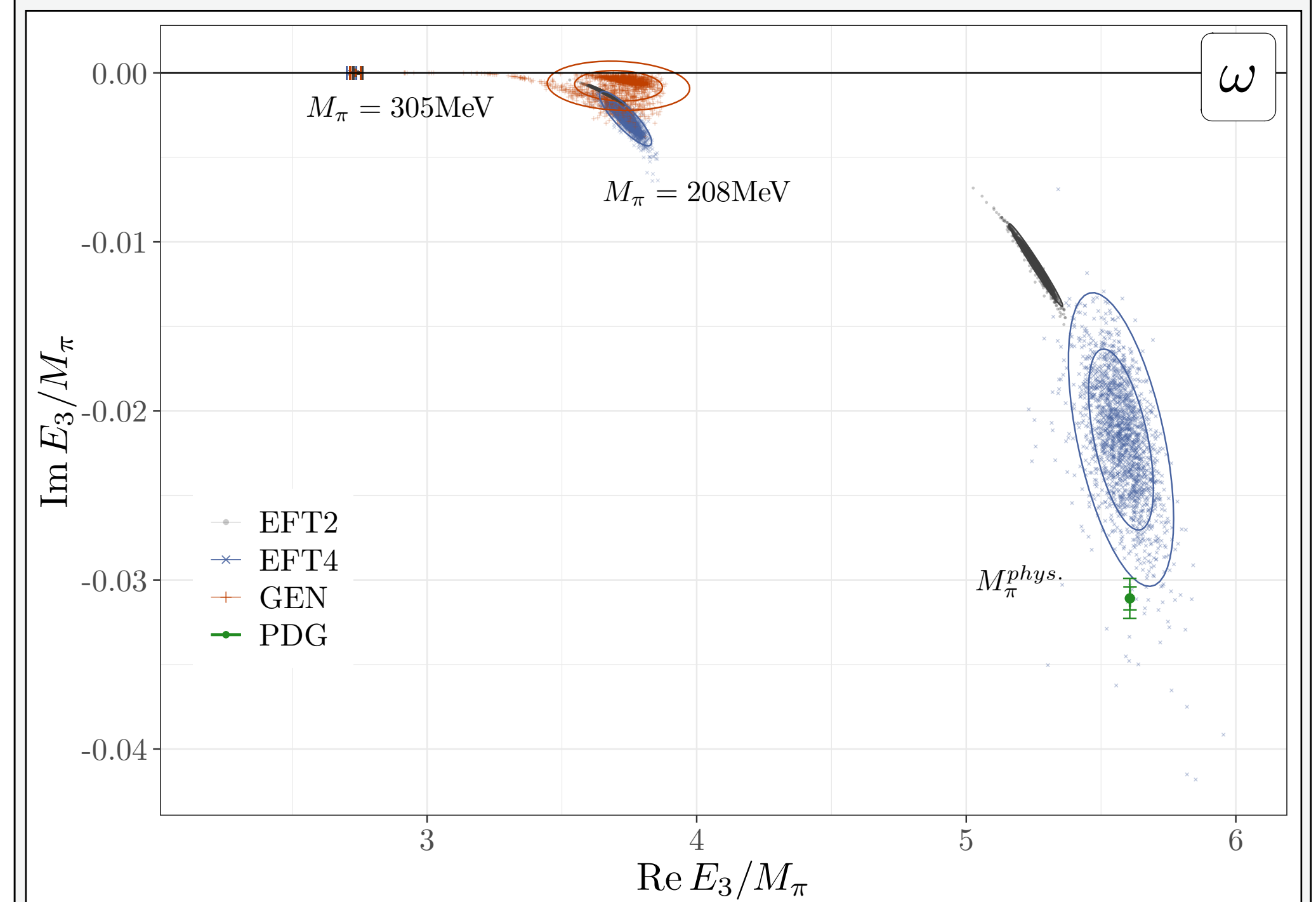
- $N_f = 2 + 1$ Clover fermions
- 2/3 particle operators
- 2 pion masses ($\approx 210, 305$ MeV) 2 volumes ($L^3 = 32^3, 48^3$)



FVU

$$\det \left[2L^3 E_p (\tilde{K}^{-1} - \Sigma^L) - B - C \right]_{\Gamma} \equiv 0$$

- Various EFT based ansatzes
- $\omega(782)$ becomes abundant state at ~ 300 MeV
- at the physical point very close to the EXP value



EXCITED PION

$\pi(1300)$ $I^G(J^{PC}) = 1^-(0^{-+})$

$\pi(1300)$ MASS [1] 1300 ± 100 MeV ▼

$\pi(1300)$ WIDTH [1] 200 to 600 MeV ▼

$\pi(1300)$ DECAY MODES

Mode	Fraction (Γ_i / Γ)	Scale Factor/ Conf. Level	$P(\text{MeV}/c)$
Γ_1 $\rho\pi$	seen		404 ▼
Γ_2 $\pi(\pi\pi)_{S\text{-wave}}$	seen		▼

Phenomenology

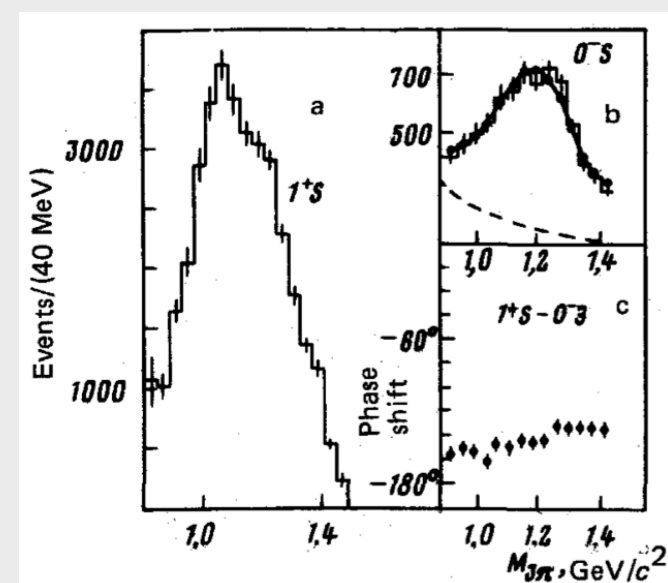
- Very heavy: $M_{\pi(1300)} \approx 10M_\pi \approx M_{N(1440)}$

- Phenomenologically hard to access:

overlapping effects $a_1(1260), \dots$

- Width very uncertain

Discovery: $\pi Z \rightarrow \pi\pi\pi Z$



Bellini+ [Bologna-Dubna-Milan-Collaboration] JETP Lett. 34 (1981) 488

Most recent analysis $D \rightarrow 4\pi$

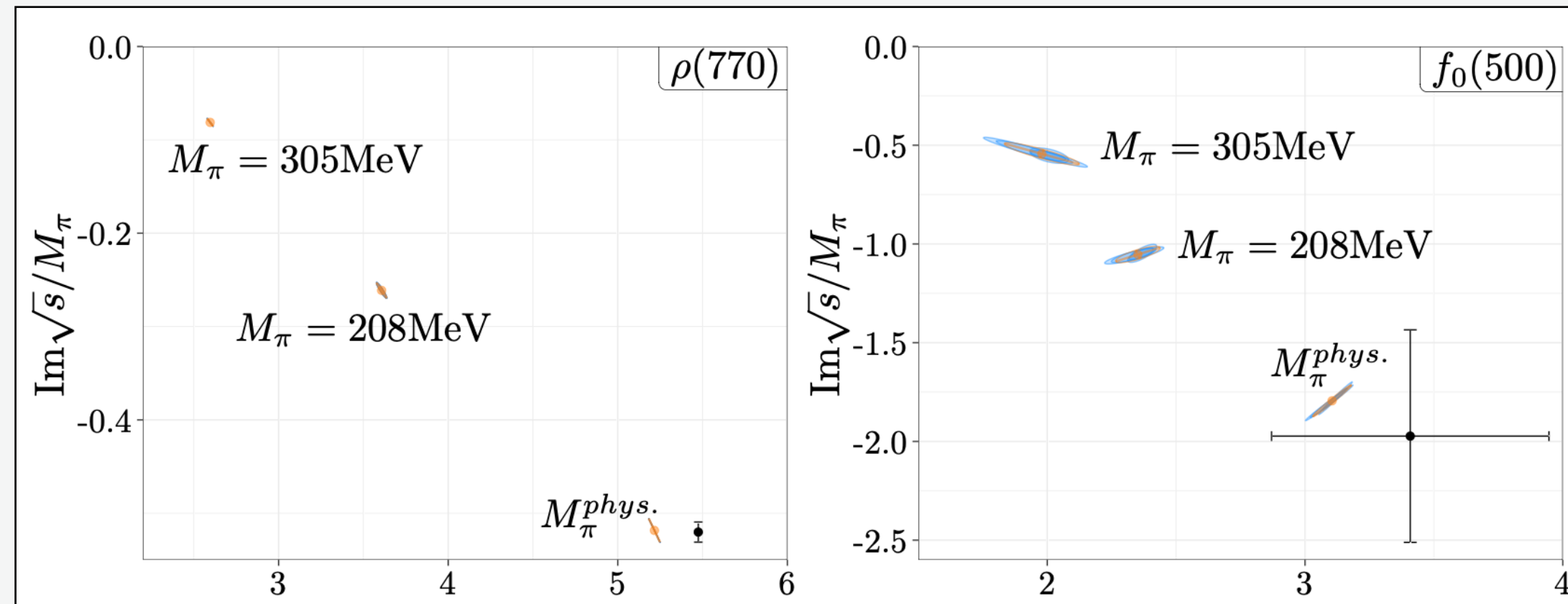
- Strong correlations between PWA contributions

	$m_{a_1(1260)}$	$\Gamma_{a_1(1260)}$	$m_{a_1(1640)}$	$\Gamma_{a_1(1640)}$	$m_{\pi(1300)}$	$\Gamma_{\pi(1300)}$
$m_{a_1(1260)}$	+1.000	+0.689	-0.065	-0.282	+0.116	-0.258
$\Gamma_{a_1(1260)}$		+1.000	-0.114	-0.176	+0.013	-0.004
$m_{a_1(1640)}$			+1.000	-0.335	-0.136	-0.119
$\Gamma_{a_1(1640)}$				+1.000	-0.258	+0.370
$m_{\pi(1300)}$					+1.000	-0.425
$\Gamma_{\pi(1300)}$						+1.000

- Existence required by data?

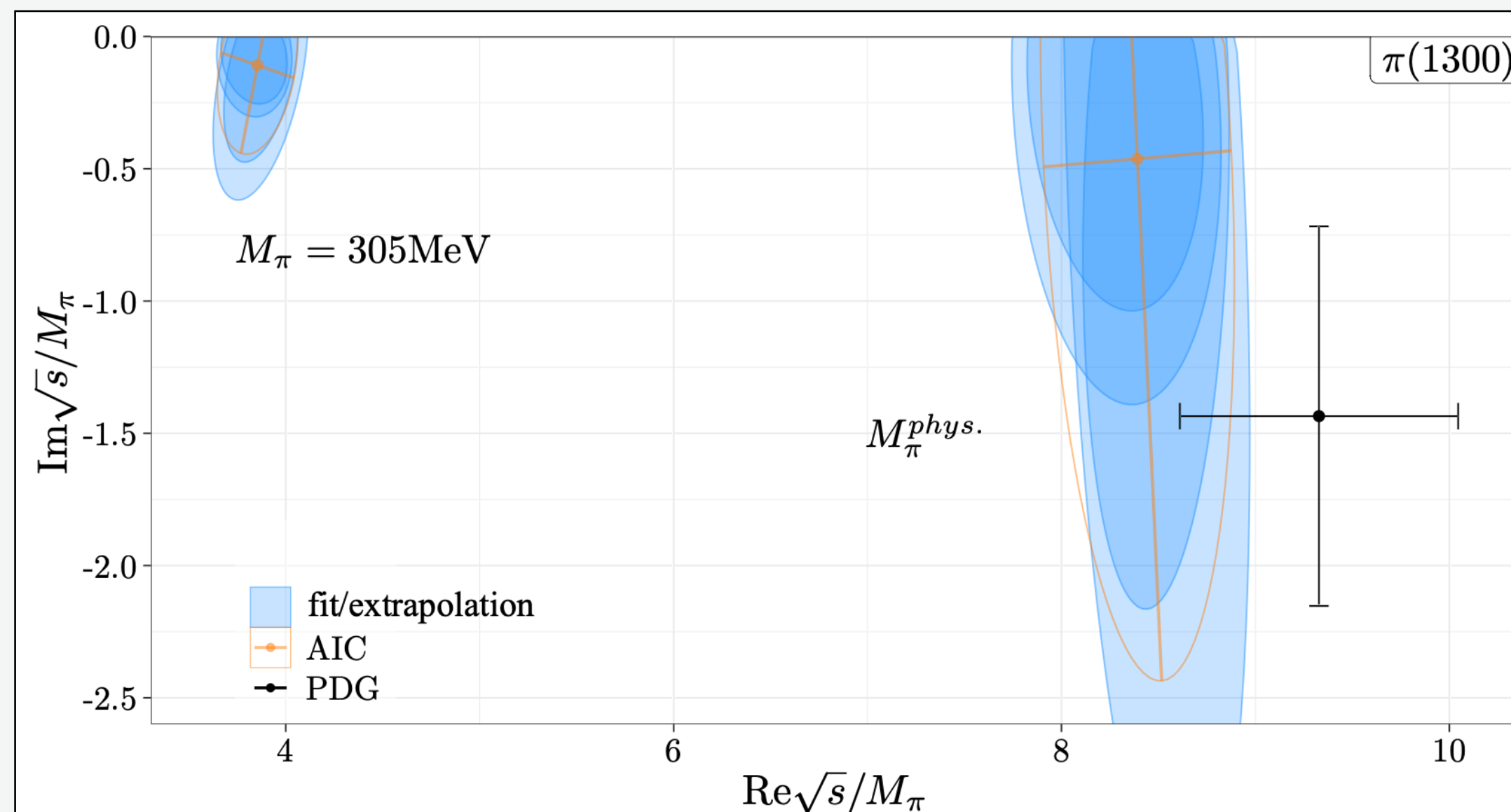
d'Argent+ JHEP 05 (2017) 143

$\pi(1300)$ POLE POSITIONS



2b resonances and chiral trajectories (in passing)

- $f_0(500)$ agrees with PDG
- $\text{Re } M_{\rho(770)}$ slightly too low [Hoferichter+ PL B853 138698 \(2024\)](#)
 - PDG value improved drastically
 - Discretization effects?
 - Over-constrained by mIAM?



Excited state of the pion

- $M_\pi = 305\text{ MeV}$ finite-volume ensemble
 - ~~no-resonance scenario~~
 - Includes *dynamically generated* scenarios
- Physical point extrapolation
 - Mass/Width agree with PDG (1σ)

FVU

$$\det \left[2L^3 E_p (\tilde{K}^{-1} - \Sigma^L) - B - C \right]_{\Gamma} \equiv 0$$

IVU

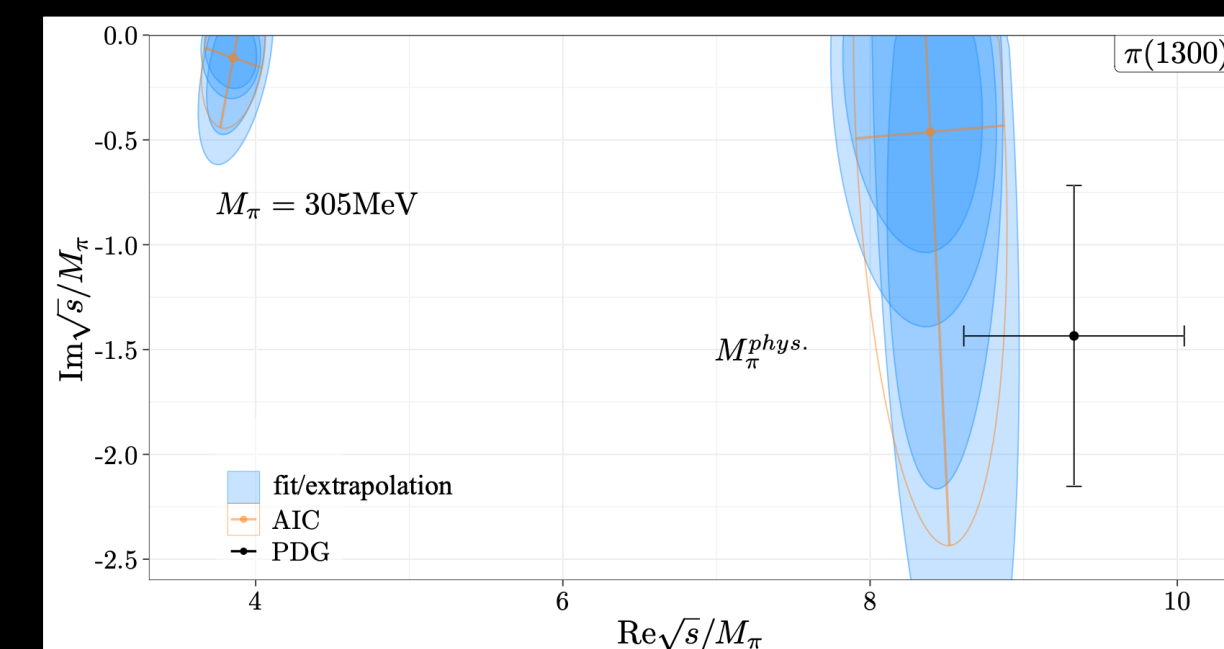
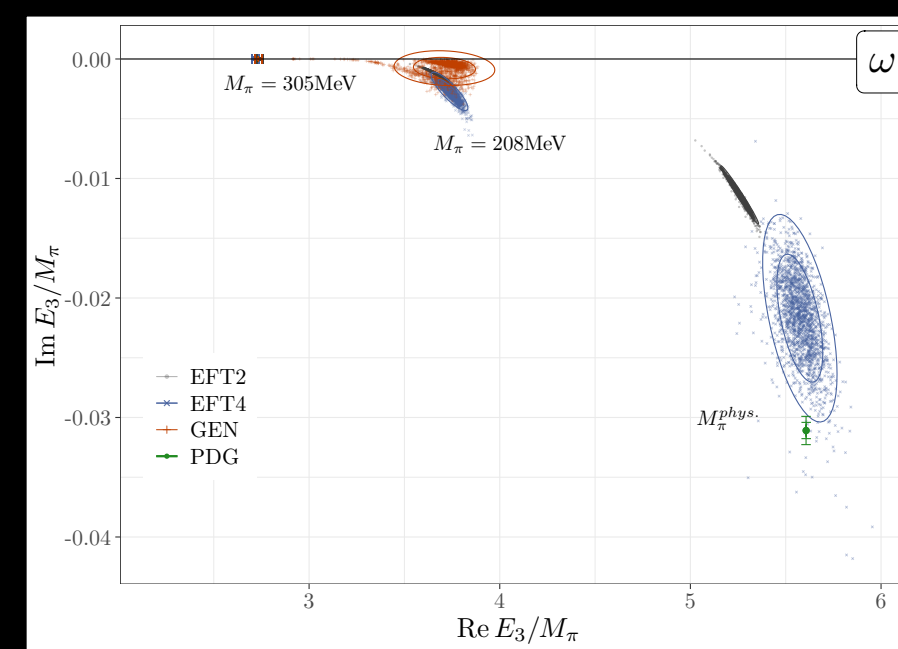
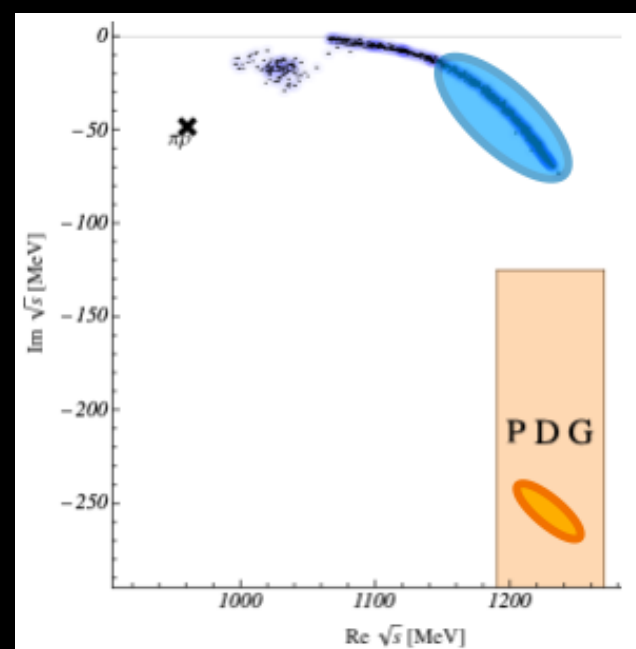
$$T(s, p, p') = B + C + \int \frac{d^3 \ell}{(2\pi)^3} \frac{(B + C)}{2E_{\ell}} \frac{1}{\tilde{K}^{-1} - \Sigma} T$$

New discoveries from QCD

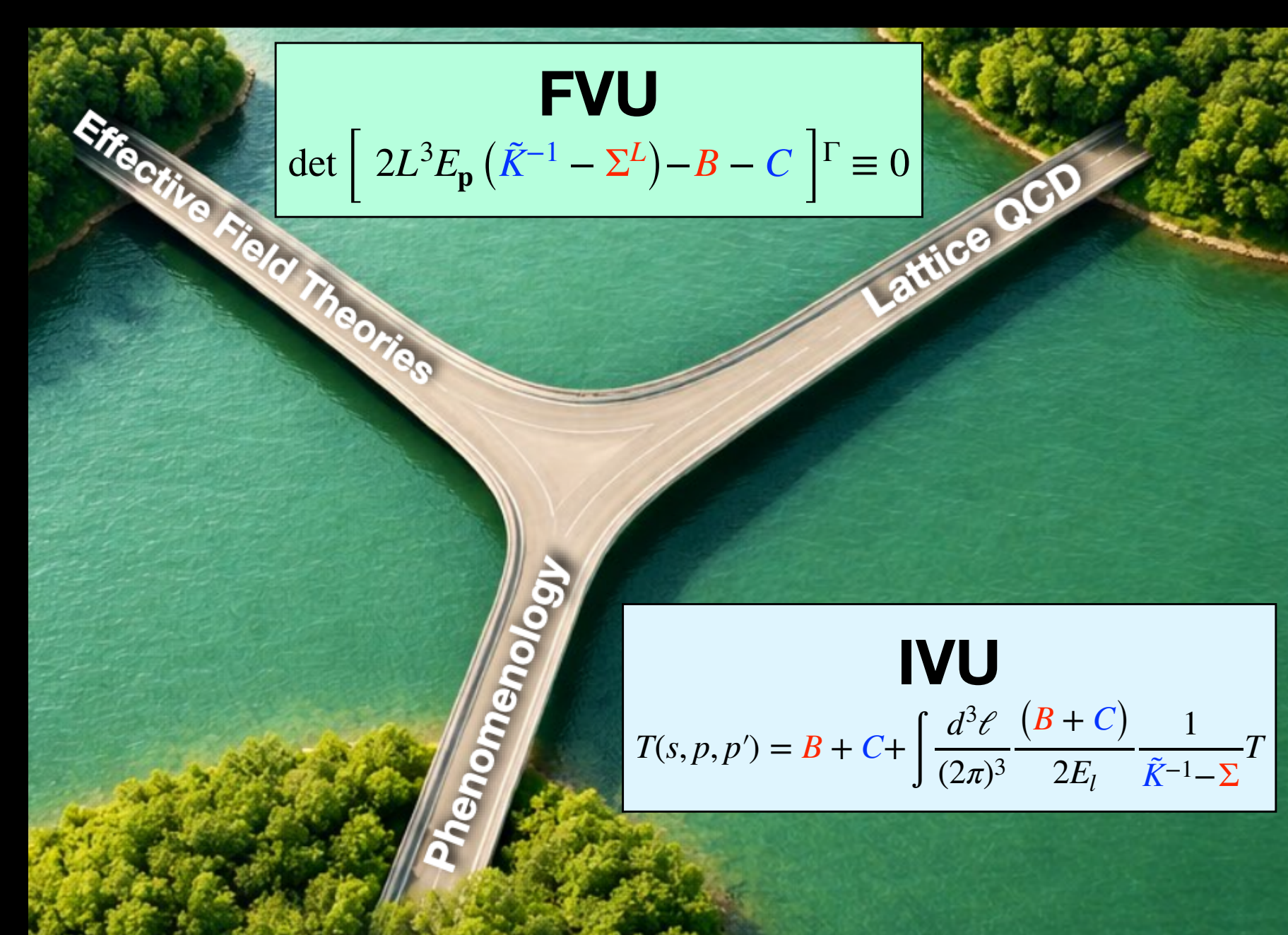
- Ab-initio Lattice input
- quark-mass extrapolations through EFT

S-matrix & 3-body unitarity

- On/off-shell configurations
- **new 3-body quantization condition**

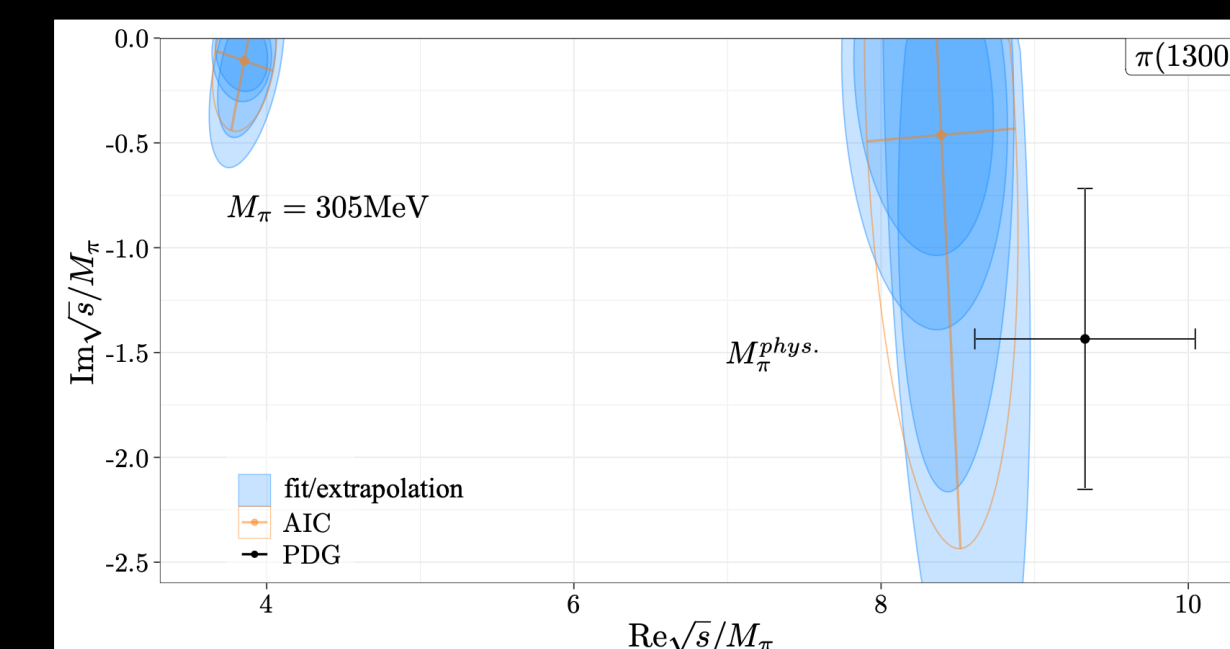
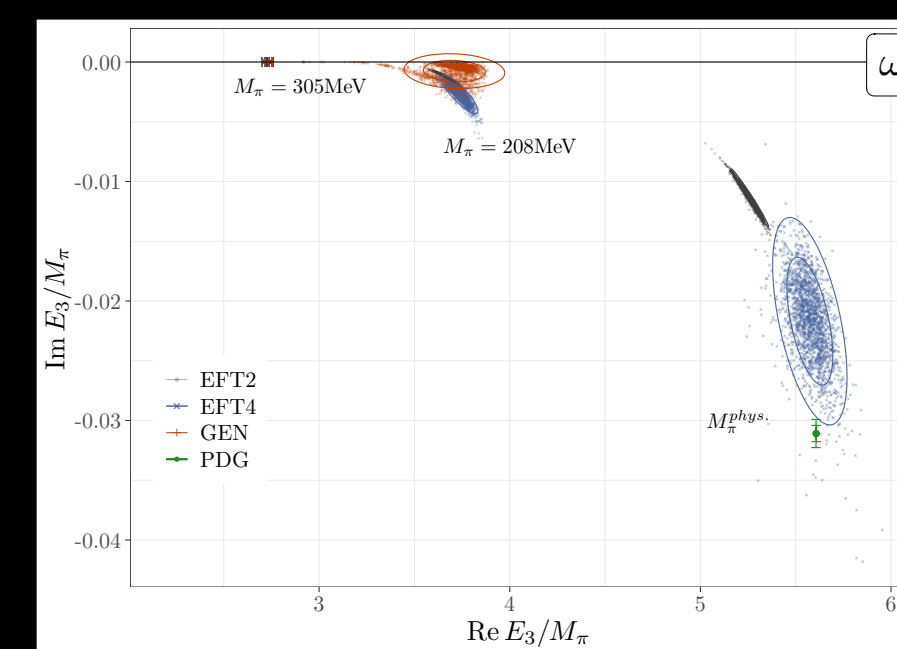
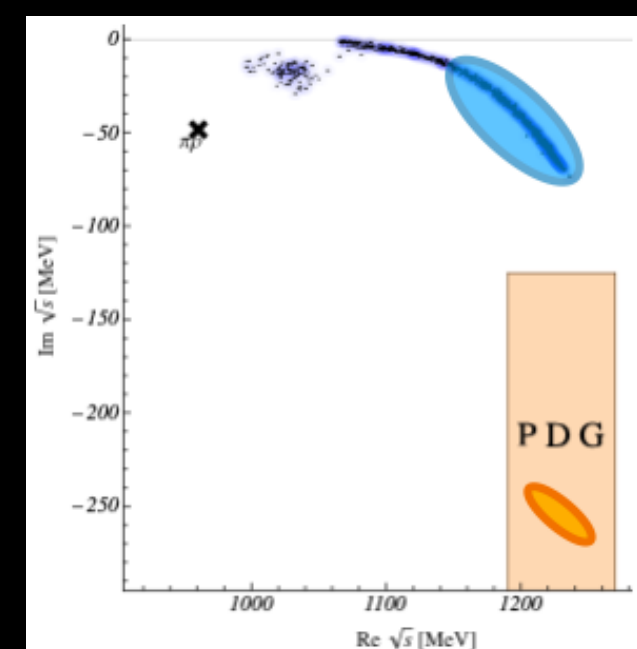


SUMMARY



New discoveries from QCD

- Ab-initio Lattice input
- quark-mass extrapolations through EFT



S-matrix & 3-body unitarity

- On/off-shell configurations
- **new 3-body quantization condition**

SUMMARY

OUTLOOK

it is just the beginning!

- * Applications: $DD\pi$, $N(1440)$, ... spin-exotics? — $a_1(1420)$
- * FLAG ready: Systematics/statistics improvement, cutoff treatment...
- * EFT tests: Universality of $\omega \rightarrow 3\pi$, $\rho \rightarrow 2\pi$ coupling, ...

* **BEYOND SPECTROSCOPY (Feedback and ideas are welcome!)**